

Dear Parent / Carer

Relationship and Sexual Health Education

As part of the School's mature and considered approach, and to meet the new government statutory requirements for relationships and sex education, we have invited Tip of the Iceberg Theatre Company into the school on Friday 4th March with their project "**The Sex Factor**".

Pupils will be off timetable for that day so that they may participate. Following research with District Health Authorities, young people and schools Tip of the Iceberg will be providing a full day of theatre, workshops and discussions.

The main focus of the day is to explore what makes healthy relationships, improve self-esteem and mental wellbeing and to empower young people to find the correct support and knowledge to enable them to make positive and healthy choices, now and in the future.

The aims of the project are;

- To examine the difference between safe and unsafe behaviour and to explore how young people's personal experiences can influence this choice.
- To empower young people to make informed and educated decisions about their lives and futures by highlighting the concepts of control, decision-making and self-esteem.
- To raise awareness of teenage pregnancy, STI's, gender identity, sexuality, and confront complacency surrounding sexual health and to providing correct and relevant information.
- To encourage young people to take responsibility for their own health and safety and to seek the correct information about sexual matters, substance use and crime.
- To place sex in the context of relationships relevant to young people.
- To explore the divide between what we know (the knowledge we have) and what we do (our behaviour).
- To approach current issues around technology and relationships including sexting and pornography.
- To raise awareness of the importance of mental health and where to find support.

If you have any queries, please contact me as soon as possible.

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Yours sincerely

R. Sutton

Richard Sutton

Associate Assistant Headteacher