

Year 10 Personal Development

Overview

Autumn term 1

Introduction of Me's

Social Anxiety

Anti Social Behaviour

Social Media

Inspirational Religious Leaders 1/2

Inspirational Religious leaders 2/2

Recap & Assessment



Autumn term 2

Fractures, Sprains and Strains

CPR

Crime and gangs

Hate crime

Religion and politics / Religion and morality

Why do people commit suicide

Recap & Assessment



Spring term 1

Managing Stress and Depression

Binge Drinking

Breast Health

Religion and Medical ethics

Testicular Health

Recap & Assessment



Spring term 2

Tattoos and piercings

Social Injustice

Gender Equality

Poverty and wealth

Study skills

Recap & Assessment



Summer term 1

Unifrog

Preparing for work experience

CV

Choices for the future

Exam stress

Recap & Assessment



Summer term 2

Keeping Physically active

Maintaining Physical activity

[Physical activity and positive mindset

Change of context lesson

