

Year 8 Personal Development

Autumn term 1

Introduction of Me's

Communication skills

Self Awareness

Confidence and goals

Change of context lesson

Internet safety

Recap & Assessment



Autumn term 2

Unifrog

Remembrance day

Emergency situation

CPR

Change of context lesson

Financial awareness

Recap & Assessment



Spring term 1

Anxiety and depression

Cope with Mental Health

Mindful colouring

Vaping, Nicotine and addiction.

Cancer awareness

Recap & Assessment



Spring term 2

What is problem solving?

Effective problem solving?

Social media

Creating a Business 1/2

Creating a business 2/2

Recap & Assessment



Summer term 1

Healthy Body

How can exercise contribute to a healthy body?

Teen pregnancy

Change of context lesson

Personal safety

Recap & Assessment



Summer term 2

GCSE Considerations

Caring for the environment

Entrepreneurs

Income / Tax & NI

Budgeting

Recap of the year



Overview