

Year 9 Personal Development

Overview

Autumn term 1

Introduction of Me's

What makes an effective leader - 1/2

What makes an effective leader - 2/2

Social media

Change of context lesson

Internet Safety

Recap & Assessment



Autumn term 2

GCSE Options (Unifrog)

Remembrance day

Navigating Financial Institutions

Careers and cost of living

Careers and cost of living

Avoiding Debt

Recap & Assessment



Spring term 1

Importance of sleep

Mindful colouring

Mental Health

Self harm

Drugs & The law

Recap & Assessment



Spring term 2

Knife crime

Acid attacks

How does the law treat young offenders

Basic life support

Supporting first aid (Bleeding)

Recap & Assessment



Summer term 1

Healthy Balanced Diet 1/2

Healthy Balanced diet 2/2

How can I keep healthy?

Vaccinations

Human Rights

Recap & Assessment



Summer term 2

What is problem solving?

What is target setting?

Growth Mindset

Change of context lesson

Our rights as consumers

Recap of the year

