

The Six ME's



Healthy ME



Future ME



Physical ME



Social ME



Creative ME



Thinking ME

How healthy living and attitudes that will affect my health both mentally and physically

A focus of across a range of topics that impact my future whilst learning how to build towards my goals

Looking into what could affect my physical health and how to improve this

A focus on social skills both in person and online.

Develop my creative mindset to solve problems and develop my independence

To develop my ability to think independently and critically whilst building lifelong knowledge and skills.