

The background of the slide is a photograph of four people standing on a dirt path, looking out over a vast, hilly landscape under a bright, hazy sky. The image is overlaid with a semi-transparent magenta filter. The people are seen from behind, and their shadows are cast on the path.

DofE Expedition Information Evening

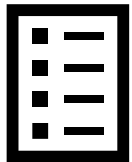
A flavour of a DofE expedition



What you should already know?



eDofE Login Details



Section Details Completed



Annual Trip Paperwork: Consent,
Medical Details

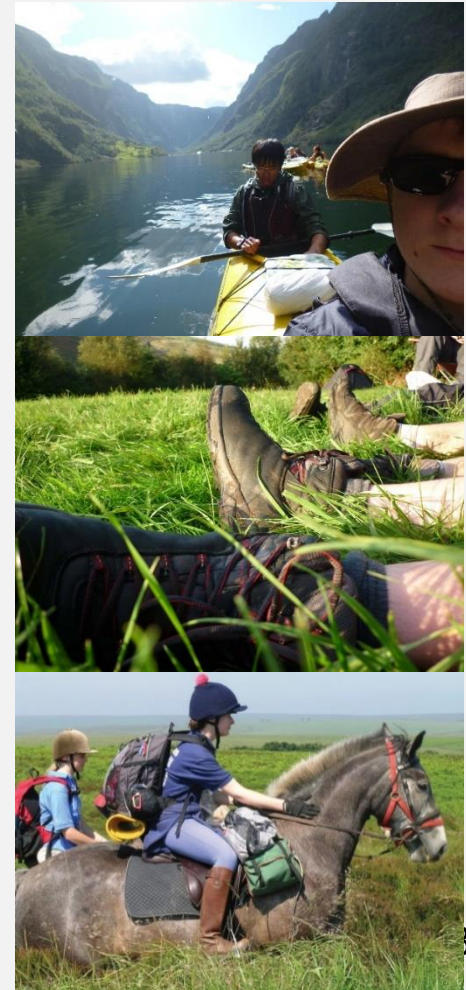
Expedition

The Expedition element of the DofE is just one of the 4 sections. It is an excellent opportunity to develop team work and resilience.

Students will plan for 2 quality walking days at Bronze and 3 at Silver. The expedition involves staying over night, pitching and striking camp.

As part of a small team, students will have an aim for their expedition, complete their own route card and do some training to make sure they're prepared and know what you're doing.

The expedition will improve communication and leadership skills and, should be a positive experience which won't be forgotten.



Bronze Practice

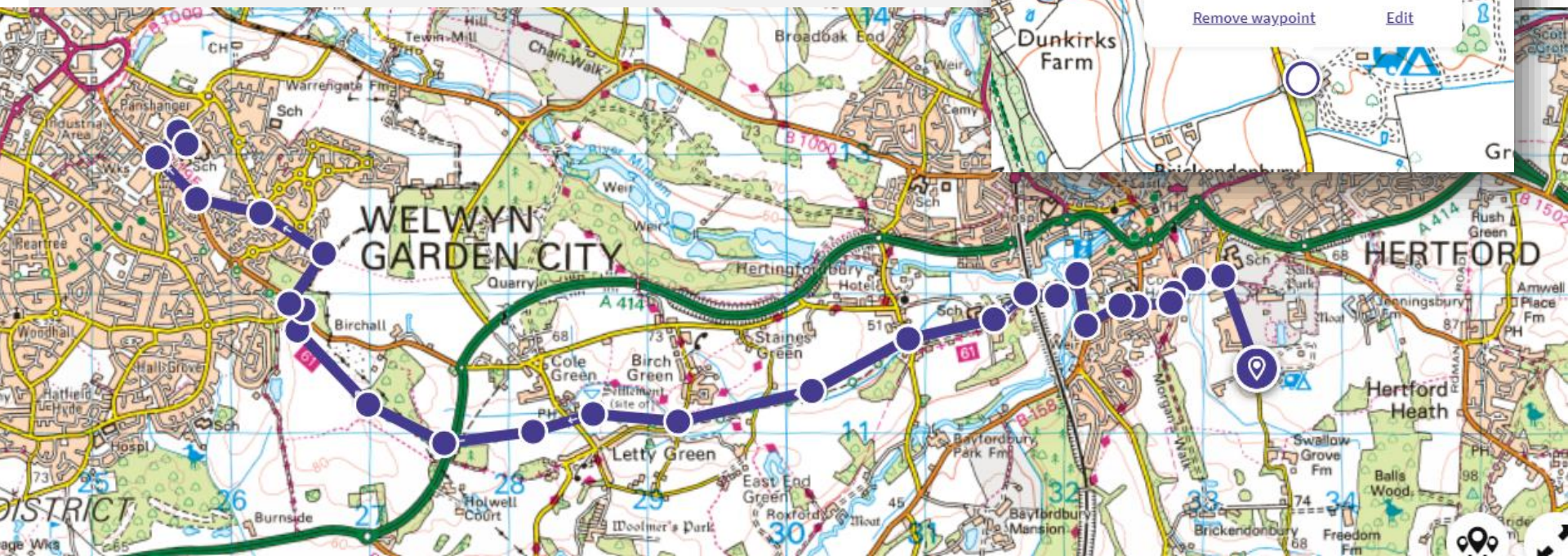
Friday 26th May

Drop off between 5:30pm and 6:00pm

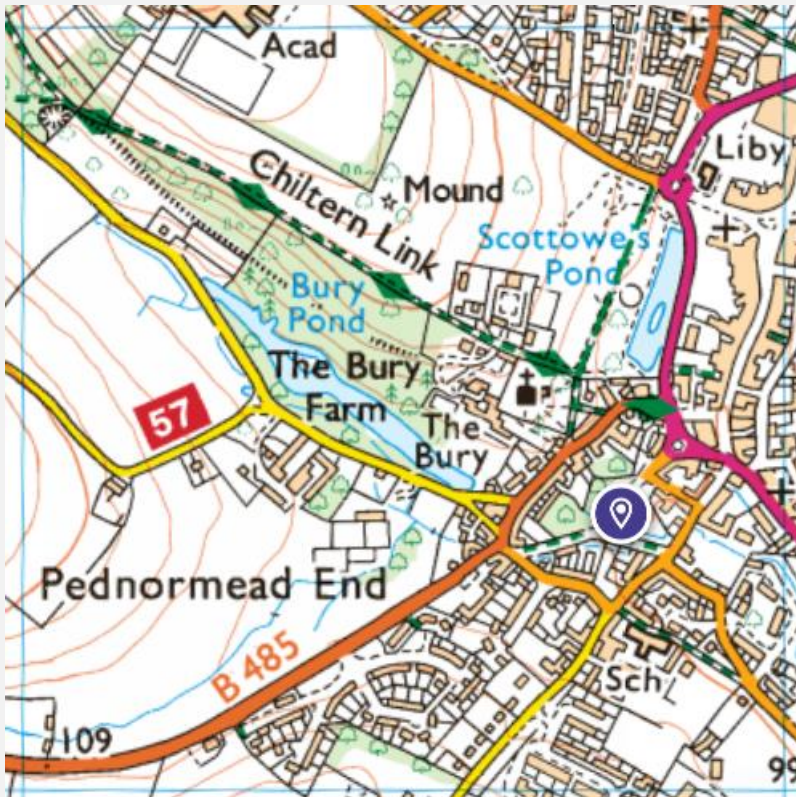
Evening meal at Camp

Saturday 27th May

2pm ETA at Ridgeway



Bronze Qualifying



Saturday 1st July 2023

Drop off at 9am

Water Meadow Car Park

Brook Ct.

Chesham

HP5 1LF

Students should have breakfast before arrival

Sunday 2nd July

3pm ETA at Water Meadow Car Park

Email if you wish to request place on school minibus

Bronze Qualifying



Silver Practice

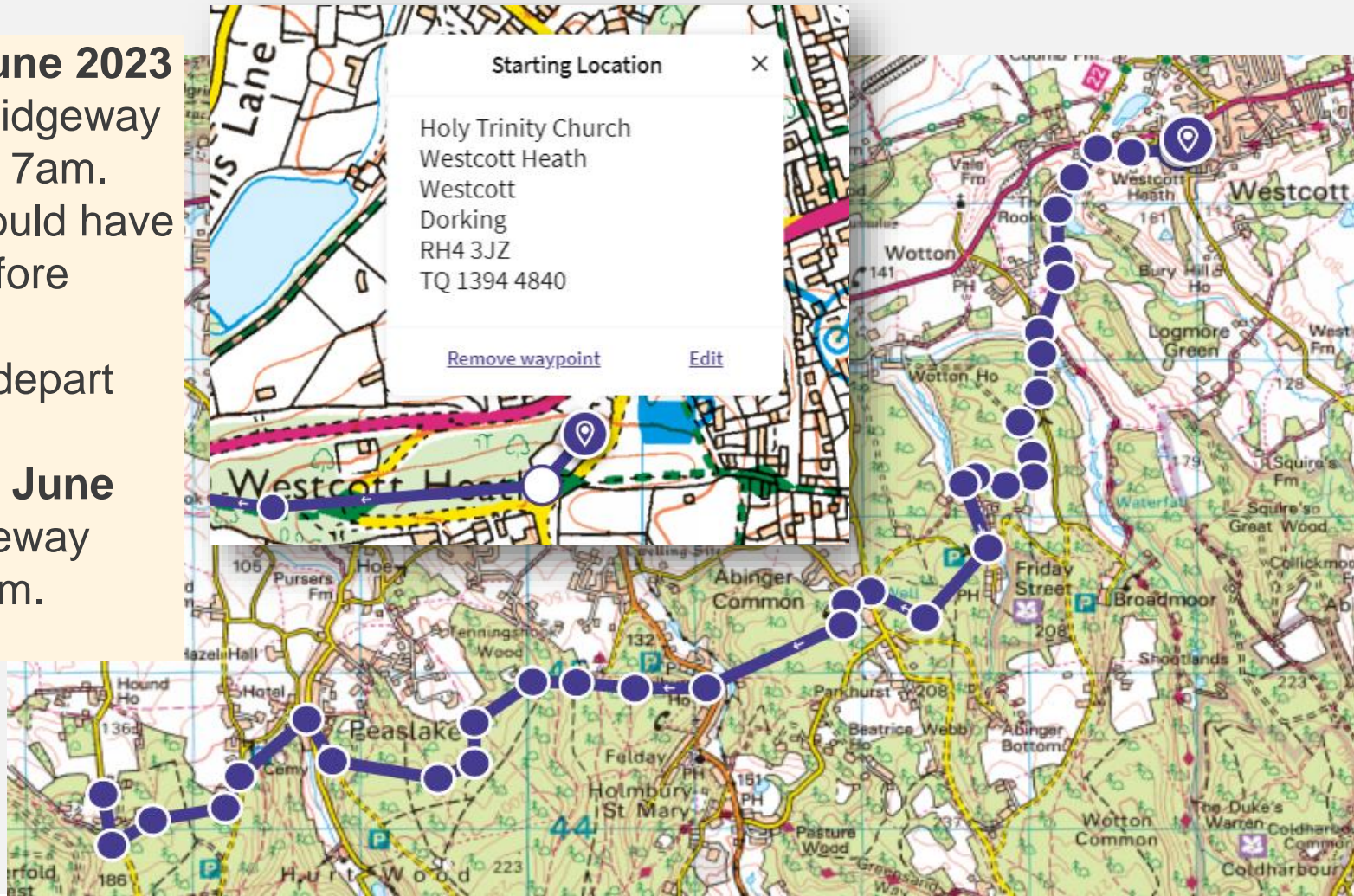
Friday 9th June 2023

Drop off at Ridgeway Academy for 7am.
Students should have breakfast before arrival.

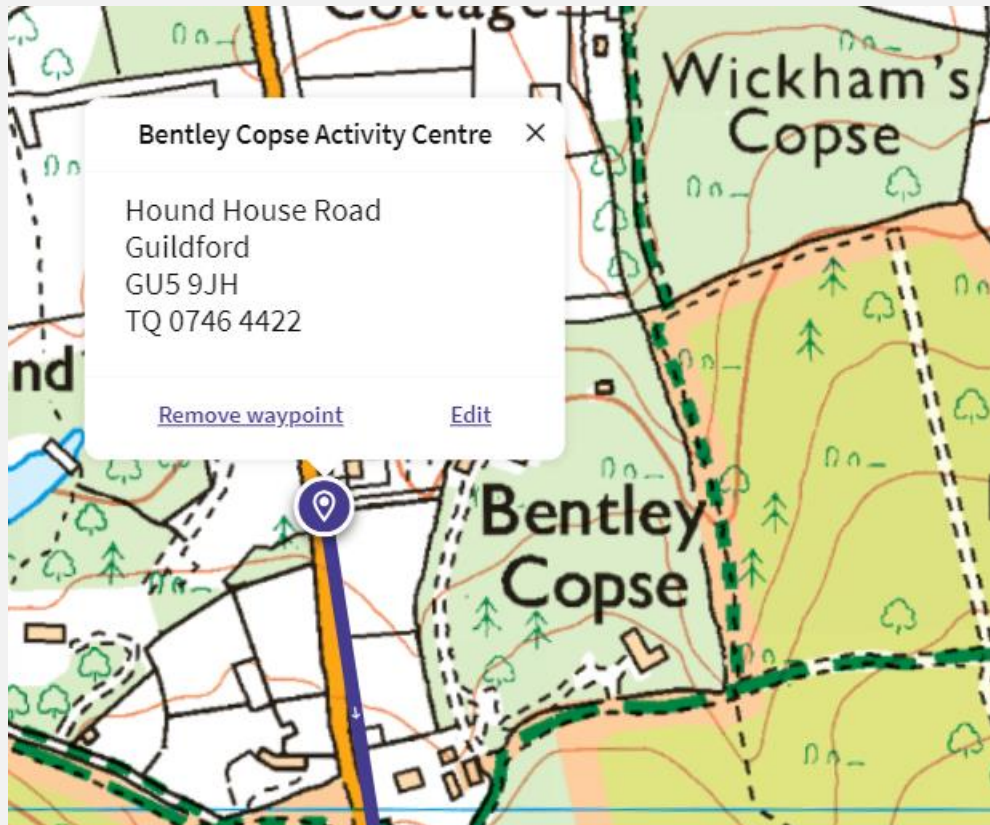
Minibus will depart thereafter.

Sunday 11th June

ETA at Ridgeway Academy 6pm.

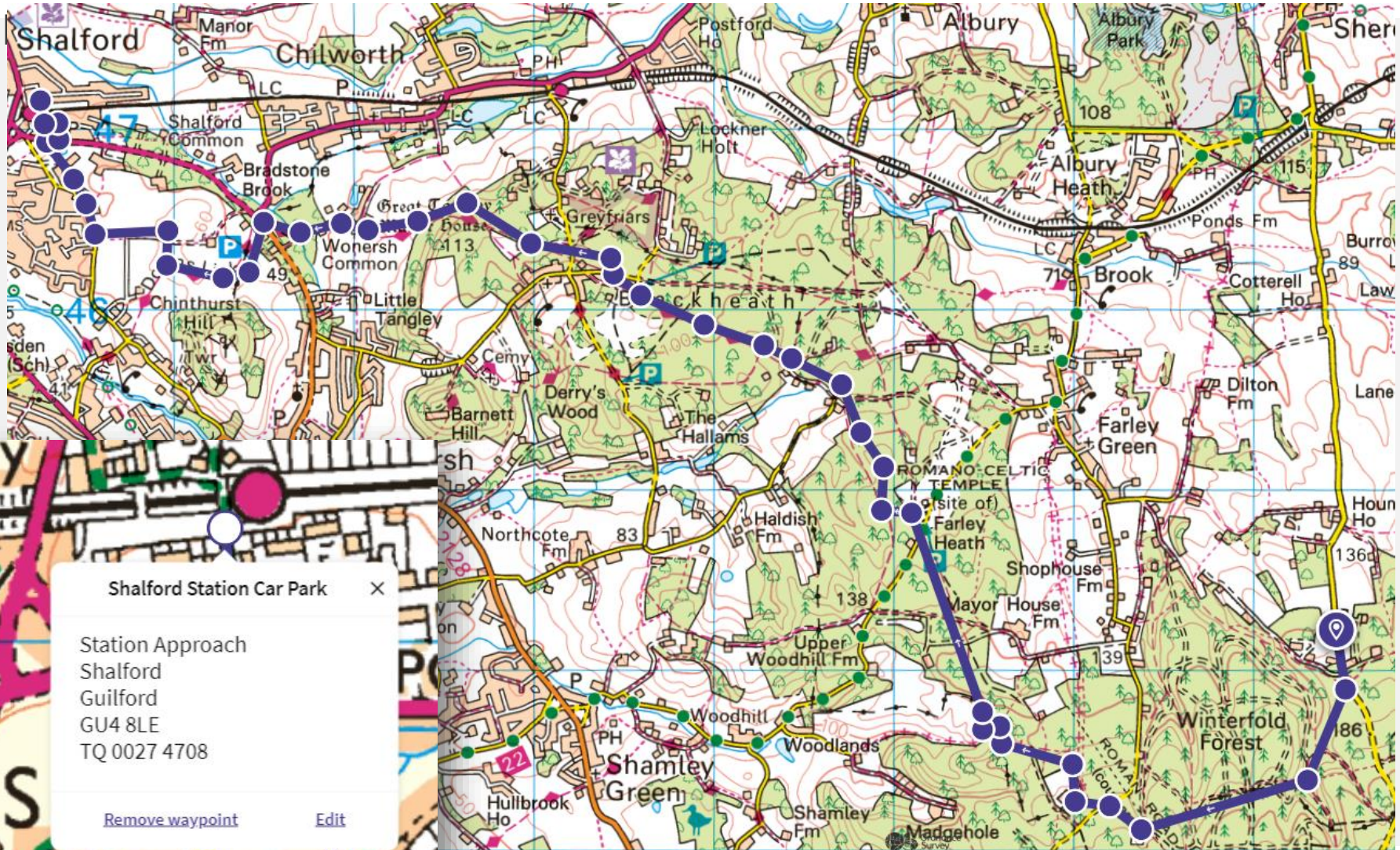


Silver Practice



Day 2
Circular walk from
the campsite.

Silver Practice



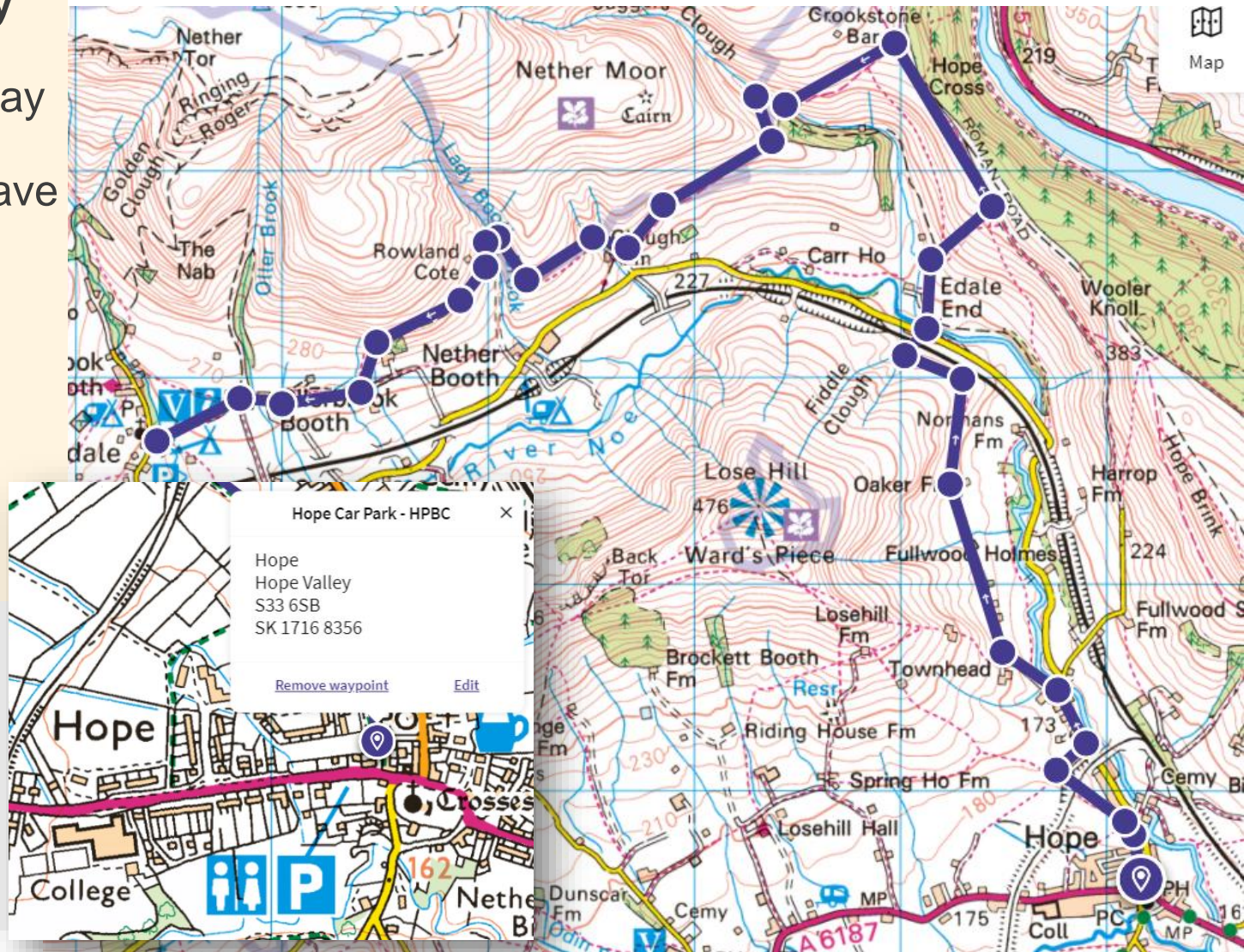
Silver Qualifying

**Saturday 15th July
2023**

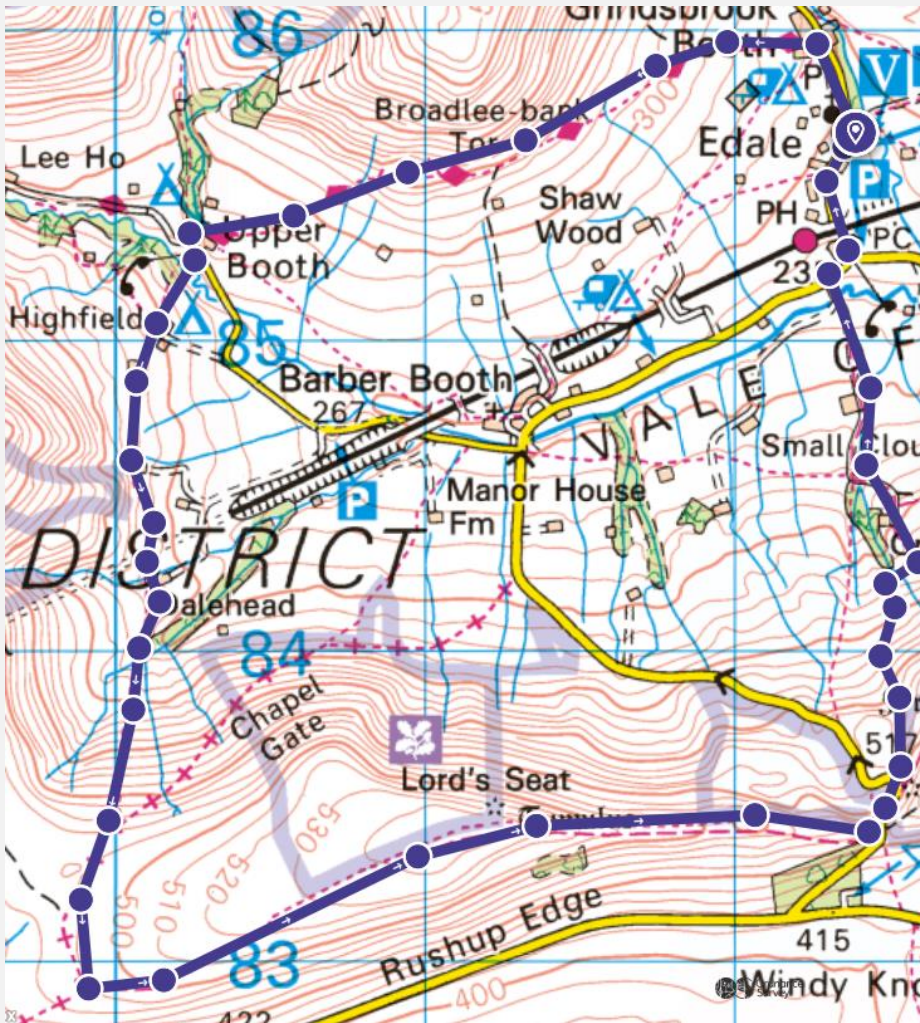
Drop off at Ridgeway Academy for 7am.
Students should have breakfast before arrival.

Minibus will depart thereafter.

Monday 17th July
ETA at Ridgeway Academy 6pm.



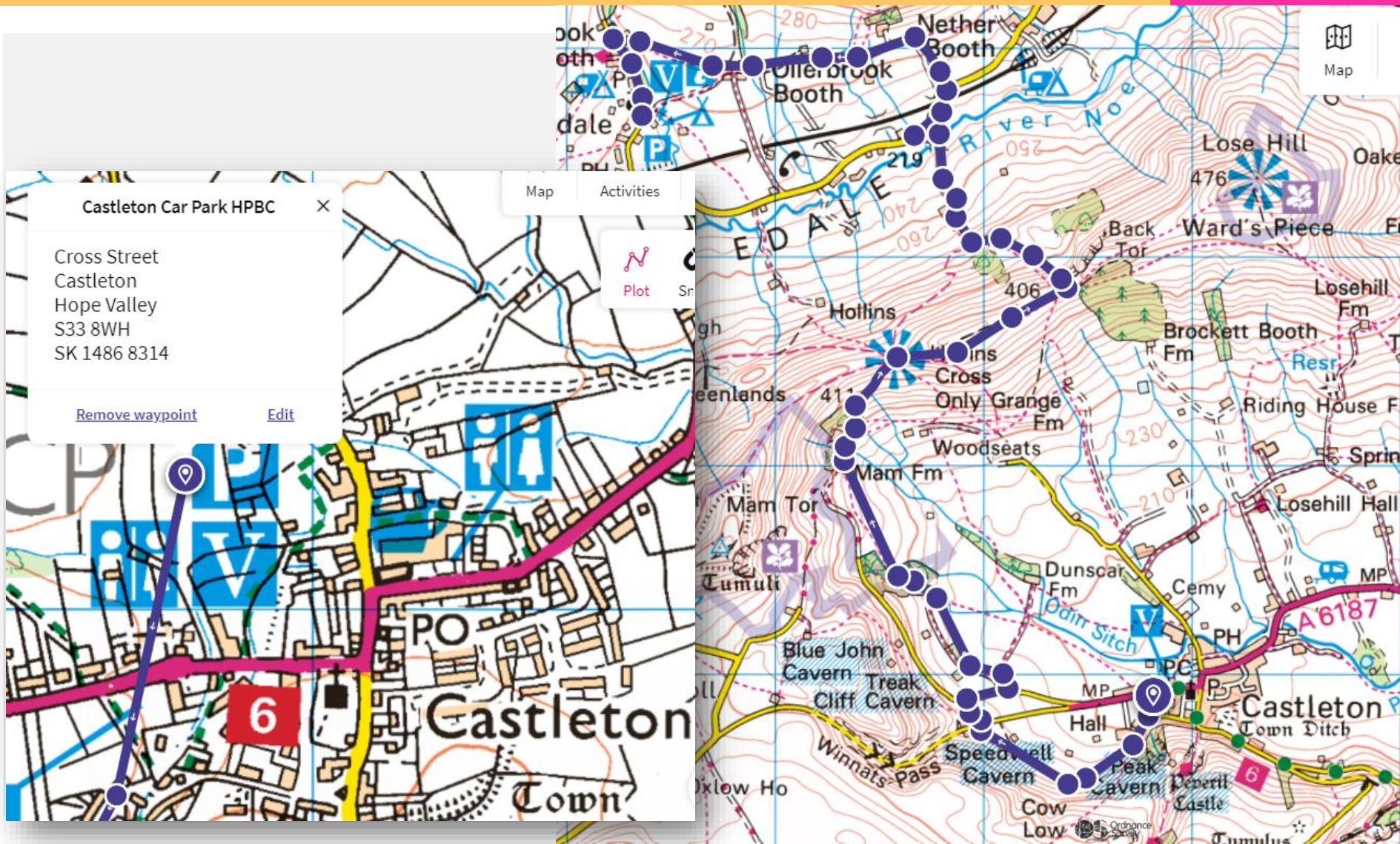
Silver Qualifying



Day 2

Circular walk from the campsite.

Silver Qualifying



Quick Check

Please ensure that the full payment for the Practice and Qualifying Expeditions, along with the kit hire costs, are made before the expeditions.

If you wish to purchase any DofE Merch (hoodies, etc.) please, see the link on Google Classroom.

Complete the Annual Parental Consent Form and return to Main Reception.



The Duke of Edinburgh's Award Expedition Course Notes



www.lupineadventure.co.uk

Navigation: Handrails and Tick Features

Handrails: These are linear features that you can follow, they include paths, streams, ridges, crags, walls and if it is misty, a compass bearing.

Tick Features: Looking at the map, if you mentally move along a handrail make note of all the things you are going to pass. You may cross a wall, pass a tarn and end up at a sheepfold. All these points are tick features. Identifying tick features and mentally ticking them off as you walk past them is the key to fair weather navigation.

Be careful though as the wall may have fallen down the tarn may be dry and the sheepfold may have been dismantled.

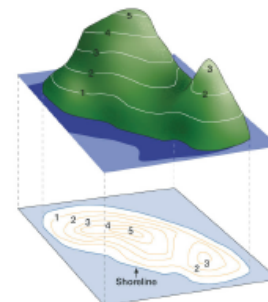
Catchments: This is another name for a tick feature at which you have to stop to make a decision on where to go. For example, at a path junction.

Overshoots: If you miss your catchment (or if no catchment existed) then you may end up further along your handrail than intended. Having identified an overshoot (a recognisable, distinct, tick feature) further along the handrail you will hopefully notice that you've gone too far and can start to back track.

Contour lines: Contour lines are used in mapping to represent the shape of the land. By interpreting them we get a three dimensional representation of what the terrain will look like. Each contour line connects different areas on the map that are at the same height above sea level. When planning your expedition, contour lines tell you if you will be going up or down hill and how steep the slope will be.

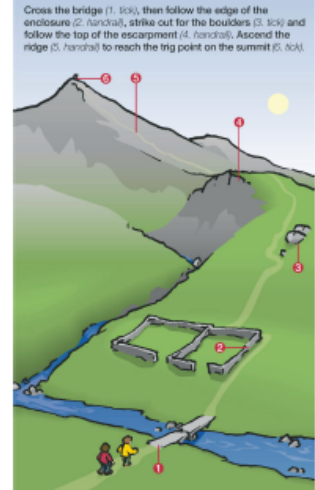
It is hard to overstate the importance of contours when navigating using a map. It is often said that they are the only thing that you can really rely on when reading a map.

Walls deteriorate and become overgrown, footpaths move, tarns are sometimes dry.



Contours can be used as tick features, catchments and overshoots. Whenever you are looking for features to describe you leg on the map, include some contour features. For example, when walking along your handrail think what the shape of the land will look like. It may be fairly flat for a kilometre then a steep drop appears on the right followed by a ring contour to the left. Some people take to interpreting contour lines really easily, for most it takes a very long time. Expect to spend the next couple of years honing your skills.

Graphics on this page are reproduced from Hill Walking with kind permission from the author, Steve Long



Supervision

Expedition groups comprise of between 4 and 7 participants. The expectation is that they work as a discrete team and are independent as far as possible.



Supervision



Whilst on expedition, teams are remotely supervised. This means that they will be seen by staff at least once during the day, usually at a pre-arranged checkpoint. Each team will have contact numbers for staff in case of emergencies.

The school is introducing the use of GPS tracking to support remote supervision at Silver.

Supervision

Mobile Phones

Whilst on expedition, teams should be independent. **Therefore mobile phones should only be used in emergencies.**

We recommend students to download the **OS Locate App** to facilitate location in emergencies.

Please do not expect your child to contact you whilst on expedition and please do not ring them.

You can contact the trip leader via

RWA-DOFE-STAFF@ridgeway.herts.sch.uk

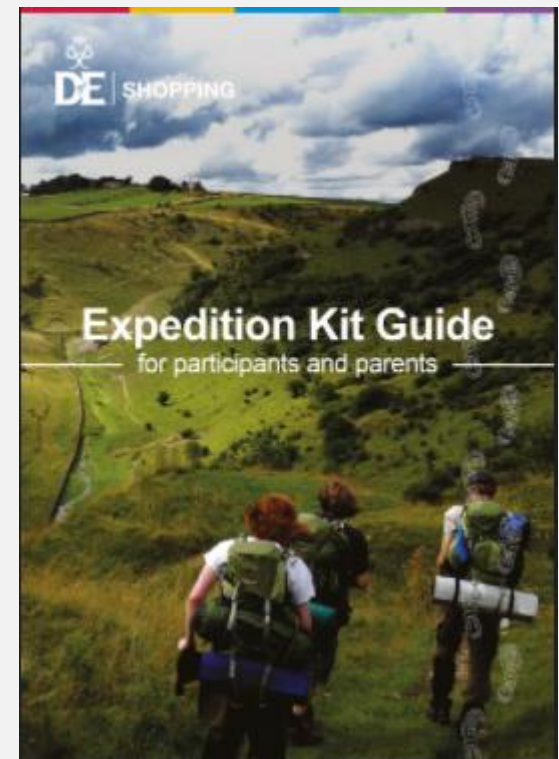


There is a suggested kit list on the DOE Google Classroom Page.

A kit list is also available on the DOE website

www.dofe.org

Many outdoor equipment retailers offer discount for D of E participants, using the discount card that arrived in your welcome pack.



Kit Hire

If you need to hire any pieces of equipment from the school on a first come first served basis, please complete and return a kit hire form. These can be found on the DofE page on the school website.

You may also wish to use <https://www.bxmoutdoors.com/equipment-hire/> for any kit hire needs.

Students have received training in how to use the Trangia stoves. **If your son/daughter wishes to use a gas camping stoves, you must provide a letter confirming that they know how to use this piece of equipment safely.**

How long will it take me?



BRONZE

Volunteering **3** months

Physical **3** months

Skills **3** months

PLUS a further 3 months in the Volunteering, Physical or Skills section.

Expedition **2** days **1** night



How long will it take me?



SILVER

Volunteering 6 months

Physical

one section for
6 months, the

Skills

other for 3 months

*Direct entrants
must do a
further 6 months
in the Volunteering,
or the longer of the
Physical or Skills
sections.*

Expedition 3 days 2 nights



Assessment of the other Sections

Participants need to show regular and sustained commitment. They need to have someone to supervise and assess their participation in the other sections of the Award.

Completing the Award



Who can assess?

An assessor can be someone who has experience or expertise in the activity undertaken. They do not necessarily have to hold qualifications. They should be willing to provide contact details (preferably an email address).

FAMILY MEMBERS CANNOT ASSESS PARTICIPANTS

Completing the Award

[Donate](#)[eDofE login](#)[Do DofE](#)[Run DofE](#)[Support DofE](#)[About DofE](#)[Resources and Tools](#)[DofE Shopping](#)

* Participant's ID number

* Level



* Section you are assessing



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CHECK

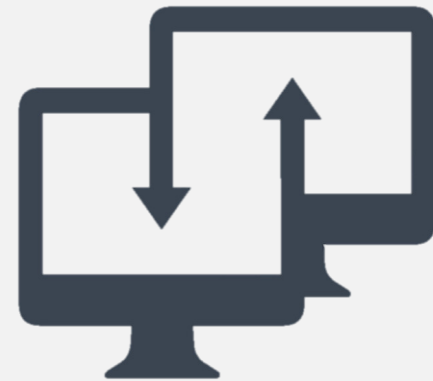
What to include in your Assessor's Report

- **Download a checklist** of the information an Award Verifier will look for when reading your report. Please try to include as much of this information as possible in your report.
- Please describe the achievements of the participant as they undertook this section. Say how they met their goals, what skill they have developed and mention any memorable things that they accomplished.
- Please include the start and end dates between which the young person undertook their activity.
- Download a summary of what to include in your report, and some **example reports here**



Completing the Award

Once all the relevant reports have been uploaded and checked, the Award will be submitted to the Operating Authority (HCC) for a final check. Once the Award has been approved, participants will be invited receive their certificate and badge in September.



What do you do next?

You need to remember that this is YOUR Award and therefore the emphasis is on YOU to organise your activities.

As an Award Unit, we will support you through your Award but we cannot do it for you.

We will provide the relevant training and opportunities for you to complete your expedition section but the rest is up to YOU.

Students are able to drop in to check with their leader if they have any questions.



Further information



www.dofe.org

Rwa-dofe-staff@ridgeway.herts.sch.uk

[DofE Google Classroom](#)

<https://ridgeway.herts.sch.uk/duke-of-edinburgh/>