



Issue 100
Fortnightly
June 2023
Week 1

Ridgeway Academy

Headteacher's Message

As I write for our 100th edition of Ridgeway News, school life is as busy as ever, packed with exciting events.

Yesterday we hosted the Alban Academies Trust Members and Trustees who toured the school and spoke with students and staff. They were impressed with developments in the site and the learning they saw in lessons.

We held our Year 11 Final Assembly, Guard of Honour and Prom at Knebworth Barns.



Huge thank you to Mr Tansley, Mrs Picariello, Year 11 Tutors and all involved in the Year books and hoodies.



Special mention to the Prom committee and Mrs McNeill for their creative talent in Gatsby inspired decor - the barns looked fantastic! Students had a brilliant time and it was wonderful to see them celebrating together in their special clothes.



Headteacher's message continued...

Today we host the District Athletics at Ridlins Stadium, Stevenage - good luck to all competitors and we hope some school records are broken today!

Mrs S Mitcherson
Headteacher



Headteacher Commendations - Student of the Week

The following students joined the Headteacher this week for Ice cream Friday:

Didi Elue	7A
Sophia Groom	7H
George McAndrew-Miller	7L
Cassie Messer	7M
Joshua Masson	7P
Maika Taylor	7T

HOY 7 Nomination

Niamh Taylor 7T

Jack Cooper	8A
Tilly Johnson	8H
Jack McBride	8L
Kristina Lewington	8M
Verity Burnham	8P
Sopie Wheeler	8T

HOY 8 Nomination

Frankie Harris 8L

Areas for Improvement

Following our recent Ofsted Inspection our three Deputy Headteachers have been focusing on our Areas for Improvement.

Miss J Smith - Deputy Headteacher

This term has seen a lot of changes and action to quickly improve standards and attitudes to learning and each other. I thought it would be helpful to outline some of these to families so you know how we are working together to continue to improve.

- We have reintroduced standards rewards and sanctions - this has had a really positive effect on standards around school.
- We have introduced the SHARPs system to students and staff to allow faster recording and responses to incidents of hurtful behaviour and bullying.
- We have set up fortnightly student voice panels with senior staff, to increase student opportunities to give us feedback and for us to better understand issues affecting our young people.
- We have begun fortnightly meetings with the Headteacher with our Diversity Group to better represent the views and needs of our LGBTQ+ community.
- We have sought views from staff and families on proposed changes to the mobile phone policy - this will influence the final policy changes to take effect in September.
- Changes have been made to the detention system so C4 detentions will be daily and students will sit sanctions more promptly.
- We have reviewed our behaviour team staffing and will be increasing our team for next academic year.

As we move towards the end of the academic year we are turning our planning towards September and making sure we have a great start to the year. You can expect changes to the phone policy to reduce the impact social media and device use is having on our young people as well as a strong focus on reward and celebrating success in all its guises. We are also working hard at improving communication systems, from family feedback, we know this is a key area that you would like us to improve.

I would like to take the opportunity to thank families for their support and also their feedback to help us continue to improve in all areas of behaviour, attitudes and rewards.

Mrs L Hyde - Deputy Headteacher

Work on the curriculum mapping continues across all subjects with a real focus on the core learning purpose of each scheme and lesson.

All Subject Leaders have been participating in regular CPD sessions with the Deputy Headteacher and Director of School Improvement focusing on building a curriculum effectively sequenced which builds on their prior learning. This ensures that it is challenging and ambitious, allowing our more able students to really develop the depth of their understanding and skills. Students will be familiar with the routines at the start of lessons, green pen silent react or recall starters and this continues to be implemented in all lessons.

Staff have contributed to developing a common lesson starter slide which includes the silent starter and clarifies the core learning for the lesson. These will be used in every lesson from September to further ensure consistency and remove variation from lesson starts, further supporting our students with additional needs.

Our SEND department have been joining Department meetings to support in the adaptations of lessons for SEND students and staff have been sharing excellent practice across the school. We are excited to have external advisors working along side senior leaders and the SENDCOs to further our policies and practices, including securing a bespoke training package from the charity SPACE who deliver high quality CPD on ADHD.

Mr D Bullock - Deputy Headteacher Behaviour and Culture Update

The Ofsted report in January commented that:

“Leaders are developing a culture of tolerance and respect. However, a small number of pupils are not respectful of others. This leads some pupils to worry about how others treat them. Leaders should build on the work done to develop the school value of respect so that all pupils demonstrate an understanding of how they should treat others and ensure that there is a positive culture of respect across the school.”

We have conducted a number of key actions since the inspection to continue to develop a culture of tolerance and respect among our community. In addition to appointing two additional Assistant Headteachers, the process for dealing with allegations of bullying or hurtful behaviour has been streamlined with the introduction of the Sharp system, which allows young people to report any incidents which occur within the school and local community anonymously and without fear. Staff have received Continuing Professional Development (CPD) sessions and been provided with simplified checklists and flow diagrams to further support this process and act on any allegations. We have also led a number of assemblies to all year groups on behaviour standards, culture and ethos, the impact of bullying on mental health and well-being and more recently an assembly

on celebrating diversity during Pride month. These have all been reinforced and supported with form activities and discussions.

Earlier this term we organised a parent evening for a small group of students to address our key behaviour concerns, clarify expectations and re-sign the home school agreement. Students have responded well and we have valued the support of parents and carers through this process. All form groups in Key Stage 3 elected a House Captain who organised House teams for the recent Basketball tournament and will support the upcoming Sports Day on Tuesday 18th July. We have conducted a number of student interviews conducted by our SLT and the AAT CEO, Alan Gray and our School Improvement Partner Kay Leach which has given us feedback on our student voice and areas for us to focus on. This has highlighted that there is further work needed to ensure inclusivity for our LGBTQ+ students.

We have also purchased 20 new bins to reduce the amount of litter on the site which has been a real success and sectioned off the field at lunch time to improve behaviour whilst increasing staff on duty during unstructured times. The introduction of the S1 to improve uniform standards has seen a rapid improvement and staff have been heavily rewarding students who are smartly dressed and follow the school rules on a daily basis. We have also purchased banners for all classrooms reiterating the school's values of Respect, Responsibility and Relationships and these will all be in place for September when students return from their Summer break.

School Vacancies

The school is currently recruiting for the following roles:

- Trainee IT Technician
- Behaviour Improvement Officer
- Teacher of MFL (French & Spanish Part Time)
- Teacher of English (Full or Part Time)
- Teacher of Music (Part Time)
- Apprentice of Girls PE
- Teacher of Business (Full or Part Time)
- ECT Teacher of Maths

For more information visit:

<https://ridgeway.herts.sch.uk/vacancies/>

Mrs K Biss
Human Resources Officer

Top 20 House Point Winners

Period: 12th - 23rd June 2023

Name	Form	Points
Arron Ziobakas	8 Mandela	97
Keirnan De-Lacy	8 Mandela	96
Kristina Lewington	8 Mandela	96
Kaitlyn Taggart	8 Mandela	95
Lily Fagan	8 Mandela	89
Eric Grostate	8 Mandela	87
Ellen Aitken	8 Mandela	86
Reece Cooper	9 Parks	85
Amber Whorlow	8 Hawking	81
Eloise Flowers	8 Mandela	76
Gracie Durrant	8 Mandela	75
Isabella Bowman	8 Mandela	72
Rafa Viezzer	8 Mandela	72
Eva Gunning	8 Mandela	71
Michael Olabanji	8 Mandela	70
Thomas Casserley	9 Parks	69
Roman Flack	9 Parks	68
Sam Slatter	8 Mandela	66
Theo Kent	8 Mandela	65
Lois Welsh	8 Mandela	65

PE News

The Year 7 Rounders team had their first District Tournament on Monday 26th June. Some outstanding display of fielding in all games, a convincing win against Onslow, got the girls into the Semi-Final against Chancellors. Unfortunately, the girls lost by half a rounder, nevertheless, team spirit, outstanding fielding again and some excellent hitting made the game extremely close! Well done Girls.

Miss A Price
Teacher of PE

Lost Property

We currently have quite a lot of unnamed lost property. If you have lost something please ask in H Block. It is always worth checking back each day as sometimes it can take a week or more for a lost item to get handed in to H Block. Parents please name all items as this will ensure that lost property can be returned to the owner much sooner.

Mrs J Airey
Student Liaison Officer

LOST AND FOUND

ATTENDANCE

WHY IS IT IMPORTANT?



ABSENCE FROM SCHOOL

Do you know what your attendance was last school week?

Do you know your overall attendance for the year?

Do you know how many school days you have missed this year?

Do you know how many late marks you have this school year?

Make sure you know of this information, you can ask your form tutor for this, and work hard to improve it each week!

80% & Below

Drastic effect on academic achievement



95% - 90%

Cause for concern



100% - 96%

Excellent!



Ridgeway Pupils with 100% Attendance - 12th - 23rd June 2023

7 Anderson Megan Beck Anna Cebula Kiara Chisenwa Didi Elue Samuel Grimsley Sam Harris Eva Harrison Amilie Hopkins Johann Laxa Katie Luckins Halle Miles Summer St John Libby Tanner Hayden White	Rodrigues Lilly Rogers Kieran Smith Miley Thomas Jaeden Umali Layla Worcester	Henry Wilson	7 Turing Nyla Allen Amanda Boadu Brian Brahimetaj Cameron Burt Lacey Cullum Benjamin David Emmie Devine Kaila-Kelly Grice Alina Ibrahim Eleanor Mcdonald Ben Preston Paige Redhead Frank Rozanek Ella-May Shield Samuel Smith Niamh Taylor Chloe Thompson Benjamin Weetman	8 Hawking Macie Beck Molly Day Anhua Fernandez Dalila Fernando Jessica Fouracre Finley Griffin Archie Hoad Tilly Johnson George Mann Dominic Mccarthy Elizabeth Mcneill Ebony Slater Ryley-James Sullivan Kalen Tarbox Jasper Then-Bergh Olivia Watt Amber Whorlow	Michael Olanbaji Sam Slatter Kaitlyn Taggart Rafa Viezzer Lois Welsh Arron Ziobakas	Kobie Nevill Evie Read Jasmine Robinson Victor Rotar Verity Rowe Daniel Smith Amalia Taylor Fabien Thompson-Brown
7 Hawking Mitchell Carolan Amie Davies Kaysie Davies Jasmine Fettus Connor Freed Lois Friend Timur Kurbanov Lola Mchugh Harrison Neville Brandon Paterson George Sadler Grace Stickland Owen Thorogood Charlie Tuvey Kiera Williams Austin Woods Nathan Young	7 Mandela Dougie Baker-Fiveash Olaf Banaszak Harvey Carroll Finn Cockram Lacey-Mae Cushing Mason Grant Lois Grostate Jesse Kirsop Paige Langrish Olivia Miller Chloe Monk Isabella Staines Jake Vine Lewis Webb Jayde Wildash	8 Anderson Aimee Andrews Chloe Banham Konnie Berry Roxanne Clarke Ella Dickens Tia Dickens Angelo Garkov Clara Haworth-Maggs Alex Holton Harley King Joziah-Ray Mbangu Cameron Nicolson Archie Pickles Olga Potocka Roisin Roberts-Mcneilly Archie Suant Solara Turner	8 Lytton Felicity Atkins Luke Emms Oliver Farr Frankie Harris Amelia Hembury William Housego George Isherwood Isabella Jose Tegan O'Leary Libby Richmond Oliver Timpson	8 Parks Seth Berry Verity Burnham Bailey Carter Diya Dhondee Tyrese Finch Taylor James Alicja Lowczyk Niamh Matthews Mia Mead George Milner Jayna Raiytt Dexter Rodway Ria Seetaram Megan Upton Lucas Willcox		9 Hawking Sonny Anderson Hakeem Bendahane Ava Carter Ella Dillon Harry Edwards Kya Finch Ademola Gbakinro Maia Keaveney Gracie-Jayne London Oscar Rowe Jaden Taylor Isla Timms
7 Lytton Bella Flaherty Angelina Jhankur Lashaun Kaisa Ranulya Kotalawela George Mcandrew-Miller Salvador	7 Parks Zachary Arnett Jasmine Bamgboye Keelie-Ann Beaumont Freddie Carder Jayden Clarke Jack Cronin Lewis Farenden Rafael Hilario Savannah Kerby Elizabeth Mcmillan Emily Ratcliffe George Rhodes Tom Rhodes Finn Stratton Chloe Tibbert		8 Mandela Ellen Aitken Dexter Allen Isabella Bowman Mason Clare Eve Daley Gracie Durrant Eric Grostate Theo Kent Andy La Kristina Lewinton	8 Turing Jared Allen Violet Clayton Jessica Cox Emily Hardy Amber Josh Kitty Kelly Harry Rice Vladimir Rotar Scarlett Rowe Charlotte Smith Jamie Tomlinson Olivia Turner Sophia Wheeler		9 Lytton Riley Birney-Goff Annabel Brown James Douglas Marley Glenville Ella Goudge Dora Sarkozy Stanley Stevens Phoebe Ware
				9 Anderson Aimee Franklin Adonay Fremichael Jessica Giagkoulli Lewis Laycock		9 Mandela Nathan Baughan Ethan Candler Ashley Chapman Maddie Hamm Freya Harris Sophie Healy Ruby Holland

Oliver Housego Kyle Packard Kristian Stenson Ella Taylor Luca Teixeira Harmonie Young	Anna-Mae Van Niekerk Ruby Wells	David James Caleb Olusegun Daniel Stackman	Rebecca Wood	Aylin Bonser Xander Burt Robyn Cross Callum Cubis Jude Deether Daegan Den Heijer Kai Frost Ethan Hutcheson Alfie Jarvis Jonnell Mbangi Lucy Oldridge Oliver Paramor Phoebe Shadbolt Ryan Stenson Chloe Treglohan	Chloe Lennox Brooke Pyett Freddie Roads Charlie Sadler Jayden Smith Chloe Southcott Hollie Turner
9 Parks Thomas Casserley Reece Cooper Francis Culibao Roman Flack Sophie Gearing Olivia Ghumania Maximo Harris Dejoie Joseph Ethan Newvell- Pentney Maksymilian Nieckarz Alfie Parkin Archie Parkin	9 Turing Ellie Anastasi Callum Gabi-Byrne Jack Gattrell Callum Howse Alfie Jewitt Matylda Lech Jake Williams Oliver Winnan Corby Wood	10 Hawking George Amaricai Niamh-Lisa Barnes Heather Bradley Vinny Calvert Eve Collins Jake Culibao Katie Dawson Theo Dawson Alfie Dickens Freddie Holmes Nathan Keedle Riley Kleiser Jack McHugh Kyle Ncube Tommy Ngo Isobel Sterling Rhys Stratton	10 Lytton Luca Barley Maya Basra Ryan De-Lacy Conor Divers Annie Dykes Shay Flaherty Ella Graves Keira Gray Nathan Hill Evie Hornsey Albie Johnson Riley Josh Olivia Mann Alfie Noakes Jonathan Seeley Ted Wood	10 Turing Josh Baker Leona Caulfield Daniel Eplett Jack Johnson Cameron Jones Morgan Kane Cody Mainer Archie Metcalfe Cameron Musk William Paton Logan Webb Riley Wells	
	10 Anderson Lilith Albrecht Max Ambler Archie Bell Leo Gordon Katie Hart Eloise Howse		10 Mandela Rebecka Baughan	10 Parks Rhys Baldwin Callum Channa Lewis Currell Liam Du Plessis Kaci Lack	

Head of Year News

Year 7 - Mr K Amstutz

In both classrooms and throughout the school grounds, the examples of Year 7 students going above and beyond to support their peers are truly countless. Whether it's offering a helping hand to a classmate struggling with a challenging assignment or actively including others in group activities, these acts of kindness truly exemplify the inclusive and caring nature of our Year 7 cohort. Their genuine empathy and compassion create a positive and supportive environment for everyone, strengthening their ability to maintain positive relationships with one another.

In the realm of sports, Year 7 students have once again risen to the occasion and represented Ridgeway Academy brilliantly in the recent district athletics event. Their performances were outstanding, with special recognition for our Year 7 girls' relay team, who achieved an impressive time of 1.00.93 in the 4 x 100m relay. Furthermore, our Year 7 girls embraced leadership roles as excellent referees in the Hatfield and Welwyn primary school girls' football competition, showcasing their dedication and commitment to fair play and teamwork.

I also want to emphasise the remarkable hard work exhibited by our Year 7 students in their academic pursuits. Their determination and resilience are truly inspiring, as they enthusiastically embrace new challenges and strive for excellence. Their commitment to learning across various subjects has been commendable, resulting in impressive progress. The dedication and effort they consistently put into their schoolwork serve as a testament to their strong work ethic and desire to achieve success.

I am immensely proud of our Year 7 students for their acts of kindness, their outstanding achievements in sports, and their commitment to their studies.

Year 8 - Miss G Picone

It has been a pleasure to visit Year 8 in their forms

and in their lessons witnessing their on-going enthusiasm and passion for learning. As a year group, they bring a lot of energy and continue to contribute positively to the school community in various ways. Year 8 continues to be the year group with the highest house points which are a testament to their ongoing hard work and reflect their dedication both inside and outside the classroom.

Secondly, it is lovely to walk around the site and see how many Year 8 students engage in conversations with members of staff; taking time out of their social time to spread humour. I am proud of our Year 8's acts of kindness and respect for their teachers.

As the term moves forward, I encourage students to continue to maintain their high energy, engagement and enthusiasm which will ensure Year 8 will finish the year on a strong note. A big thank you, for all the support from the families surrounding our Year 8 students.

Year 9 - Miss S Standage

From Mr Albon: Congratulations to all of the 28 Year 9 students who took part in our Ridgeway Academy Summer Football League.

The competition was enjoyed by all and staff were very impressed with all of the Year 9's attitudes, efforts and performances throughout.

A special well done to Team Lewin members; Kobie Nevill, Sean Lennox, Jayden Ngahuro, Harley Cordes and Ademola Gbakinro who managed to defeat Luca Teixeira, Edward Smith, Jack Gattrell, Adonay Fremichael, Lewis Laycock, Hakeem Bendahane and Joseph Thorpe's Team Hanratty in the final 3-0 to take the trophy home.

Lastly we had two Year 9 students in the overall team of the tournament with Pheobe Ware and Harley Hayes both getting in after many excellent displays whilst Jasmine Robinson, Lewis Laycock and Sean Lennox made the reserve team of the tournament

Head of Year News continued...

following many top performances across the pitch.

With the interest and behaviour shown recently there will be a Year 9 football club on after school every Wednesday starting from Wednesday 28th June which is open to all Year 9 students (Athletics will take priority if any students are part of that squad or club). Tuesday's Year 10 training may be an option and open for Year 9 students to attend as well so please talk to Mr Albon if interested or you have any questions.

A big thank you to Mr Albon for running the Summer League and giving up his time to make this opportunity happen. I was incredibly proud to see the Year 9's participating, helping and supporting last week at the final.

Year 10 - Mr M Pring

Well done to all Year 10 students who are currently in the middle of their first exam period at Ridgeway. It is a very difficult fortnight of exams, but a very valuable experience for all students. Prior to the exams myself and Mrs Hyde gave an assembly to the year group regarding exam stress, revision and coping strategies. It is clear to see a real shift in the attitude of students as they begin to understand that their focus needs to narrow as we approach 'The real thing'.

As we approach the summer holidays, we are working extremely hard to put in place a really stringent intervention, revision and support timetable for the entire Year 11.

All students will be given access to a variety of support mechanisms in Year 11 to support their learning as we approach their GCSE's. Students will also undertake another set of PPE exams in November 2023.

In the coming weeks, we will be celebrating our students again with an awards assembly, that we would encourage parents to attend and celebrate our students success.

Sixth Form - Mrs N Picariello

Last week saw our new Year 12s enjoying their induction lessons and home site induction ready for them starting at Sixth Form in September. It was fantastic to see so many students choosing to return to Sixth Form - we are delighted to see our numbers growing again. The induction sessions looked really interesting and included dissections in Applied Human Biology, voting in a General Election in Politics, bleach painting in Art and photographing some amazing patterns in milk, fairy liquid and dye in Photography. The message for Sixth Form next year is Consistency v Intensity - make sure you start your Summer Induction Projects early!

Our current Year 12s have had a tough week of exams but have risen to the challenge really well - we are very proud of you! Next steps are results and feedback.

Celebrating Equality, Diversity and Inclusion at Ridgeway

At Ridgeway we are committed to developing a culture where equality, diversity and inclusion are celebrated.

Every Tuesday lunchtime, students can meet in F4, to discuss how we can promote Diversity within our school. We will be asking students and staff to contribute ideas and celebrate the work we do. Students and staff are welcome to come along and support each other.

Tuesday lunchtime, F4

Mrs K Richardson
Student Wellbeing Manager



Duke of Edinburgh

Bronze Qualifying Expedition:

Saturday 1st to Sunday 2nd July. Chiltern Hills.

Silver Qualifying Expedition:

Saturday 15th to Monday 17th July. Peak District.

Mr R Sutton
DofE Coordinator



School Term and Holiday Dates 2023-24

AUTUMN TERM 2023

Monday 4th September to Wednesday 20th December

Half Term: Monday 23rd to Friday 27th October

Inset Day: Friday 1st September

Open Evening: Thursday 14th September

Extended Learning Day: Thursday 21st September

Extended Learning Day: Thursday 7th November

Occasional Day: Friday 24th November

SPRING TERM 2024

Friday 5th January to Thursday 28th March

Training Day: Thursday 4th January

Extended Learning Day: Thursday 18th January

Training Days: Thursday 15th and Friday 16th February

Half Term: Monday 19th to Friday 23rd February

Extended Learning Day: Wednesday 6th March

SUMMER TERM 2024

Monday 15th April to Friday 19th July

Bank and Public Holiday: Monday 6th May

Half Term: Monday 6th - Friday 31st May

Extended Learning Day: Monday 17th to Friday 21st June

Shadow Inset Day (school closed): Monday 22nd July

Shadow Inset Day (school closed): Tuesday 23rd July

Subject Focus - Art & Design

Year 7 - Paper Panorama

This term Year 7's are learning about landscape and British artists David Hockney and Clover Robin. They have been creating paper collage responses to Robin's and photographing and drawing in to them using their chromebooks and stylus'.



Year 8 - Party Animal!

Year 8's have been investigating the Surrealist movement and the photomontage work of Hannah Hoch. Initially they have explored Surreal characters based on the Exquisite Corpse game invented in the 1922's and now have moved on to creating stop motion animations as their final outcomes. You can see some of these on our Instagram reels.



Year 9 - This is me!

Year 9's have been developing their understanding of portrait artists Yayoi Kusama, Chuck Close and Yinka Shonibare. In response to each artist they have been creating hand drawn and painted responses.



Year 10 - Connections

Year 10's have been working exceptionally hard on their coursework on the theme of Connections. We are incredibly proud of their efforts in their mock exam where they responded to the work of Steven Wiltshire and AldoTolino. We have seen so much progress and independent learning happening in this year group that we are really excited to see what they produce in Year 11.



Year 11 - Congratulations!

Congrats to all the Year 11's on the completion of their coursework and exams. To celebrate we hosted our Summer Exhibition: Encounter where a selection of their works were showcased to friends and family.

Year 11 Reminder: Year 11's you will be able to collect your coursework in October. Please look out for a letter on results day that will give you the full details, dates and times for collection.



Mrs K Parsons
Subject Leader of Art

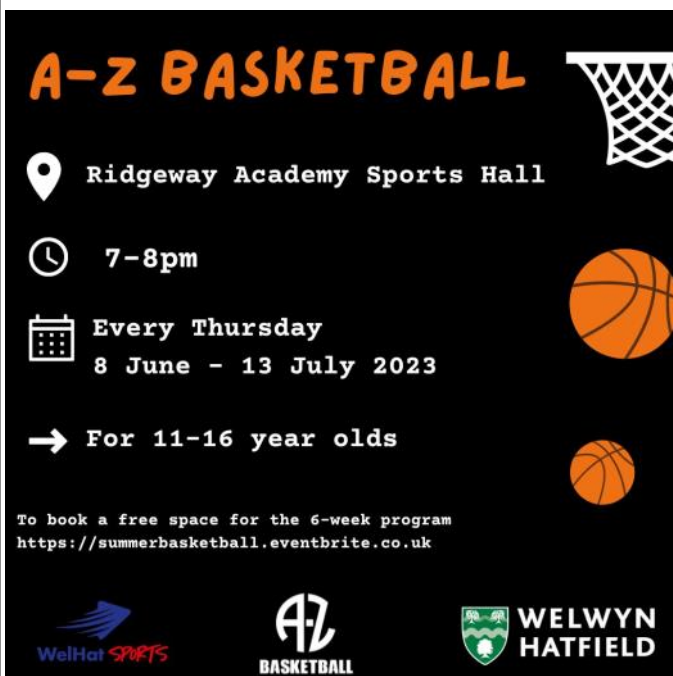
Sports Centre News

Barracudas

Barracudas Activity Day Camps, the UK's favourite school holiday provider for children aged 4½ to 14 years, will be open at our school throughout the summer holidays. 80+ exciting activities including arts and crafts, sports, teambuilding and much more! We also have specialist activities including archery and motorsports at summer!

Parents can get **£20 off a full week or £4 off a day** by applying this code in the promotions box: **HSCP23**. Can't be used in conjunction with other offers

Ofsted registered, confidence building camps with high staff to child ratios, plus parents of the school receive an extra £20 off per child per week, or £4 off single days if they quote code HSCP23 at the time of booking. Book now at www.barracudas.co.uk or call 01480 467 567.



A-Z BASKETBALL

Ridgeway Academy Sports Hall

7-8pm

Every Thursday
8 June - 13 July 2023

→ For 11-16 year olds

To book a free space for the 6-week program
<https://summerbasketball.eventbrite.co.uk>

WellHat SPORTS

AZ BASKETBALL

WELWYN HATFIELD

A-Z Basketball

A-Z Basketball is back! Every Thursday from 7-8pm (term time only) in the Sports Hall for children aged 11-16.

Delivered by qualified coaches you will learn and develop your skills with fun drills and mini games, to book a FREE space, go to <https://t.co/gbvKktz2g3>

Upcoming Events

Next month we are welcoming Stars, WGCYFC, Garden City Runners and Musical Melodies choir to RWA for events all across July!

Please be aware that these dates will bring extra cars to the site and surrounding areas. Please be respectful of our neighbours by only parking on site. We have plenty of car parking space and sport centre staff will be on site to assist on all days.

UPCOMING EVENTS

RWA Sport Centre

2ND JUL STARS GYMNASTICS COMPETITION

9TH JUL WGCYFC PRESENTATION

12TH JUL GARDEN CITY RUNNERS RACE NIGHT

15TH JUL MUSICAL MELODIES CHOIR

Mr R Goodship
Sports Centre Manager



@RASportsCentre



@rasportscentre



@RASportsCentre

HEY, FAMILIES OF WELWYN

JOIN OUR FREE HEALTHY LIFESTYLES COURSES TO MAKE HEALTHY HABITS TOGETHER, AND HAVE FUN DOING IT!

THE RIDGEWAY ACADEMY, AL7 2AF
MONDAYS 17:00 - 19:00

For 11 weeks
From Monday 15th May 2023

To be eligible for a free place, your family must live/go to school/be registered with a GP in Hertfordshire and include one child aged 5-15 who is above their ideal healthy weight.



Healthy eating



Fun activities



Making healthy habits at home!

To sign up for your family's FREE place...

beezebodies.com/families

01707 248648

or scan me with your smartphone camera




@beezeefamilies



Hertfordshire

House Points


Anderson



27640

Elizabeth Garrett Anderson was an English physician and suffragist. She was the first woman to qualify as a doctor in Britain and was the founder of the country's first hospital for women.

Hawking



29546

Stephen Hawking was the noted physicist who contributed deeply to our understanding of the physical world and space, and worked despite suffering from Motor Neurone Disease.


Lytton



35300

Constance Lytton was the suffragette, writer and speaker who campaigned for prison reform and women's rights under an alias to avoid special treatment due to her family connections.

Mandela



34251

Nelson Mandela was the first black president of South Africa, who after being imprisoned for twenty seven years, was freed and led a multi-ethnic government to bring an end to apartheid.


Parks



31362

Rosa Parks is known as the mother of the civil rights movement after fighting for racial equality in the USA through her leading role in the Montgomery bus boycott, which lasted over a year.

Turing



27301

Alan Turing was a mathematician, widely celebrated as the father of computer science after cracking the Enigma Code during WWII. Turing was later subject to discrimination due to his sexuality.



Currently in the lead are Lytton with 35300 points. Last updated 28.06.2023

THE UK'S FAVOURITE
BARRACUDAS
Activity Day Camps

Early and Late clubs



Giving every child such an **AMAZING** experience they can't wait to come back!

Visit barracudas.co.uk
or call 01480 467 567

Recommend a Friend
Earn £20 for you,
£20 for your friend!

Boost confidence



Make New Friends!

EXCLUSIVE PARENT DISCOUNT
QUOTE CODE: **HSCP23**

For £20 off a week,
or £4 off a day!*

*Can't be used in conjunction with other offers

80+ ACTIVITIES
CHOICE FOR EVERY SESSION

BOOK NOW!

DID YOU KNOW? YOU CAN CHANGE YOUR DATES RIGHT UP UNTIL 14 DAYS* BEFORE YOUR BOOKING BEGINS! *SUBJECT TO AVAILABILITY

USE CHILDCARE VOUCHERS/TAX-FREE CHILDCARE, SPREAD THE COST WITH OUR INTEREST-FREE MONTHLY PAYMENT OPTION








Trustpilot






Neurodiverse Support Organisations

www.add-vance.org

ADD-vance is a dedicated group of professionals, who also happen to be parents of children affected by ADHD and/or Autism. Our mission is to support the families of children affected by these conditions and the professionals involved in their care. We want to increase understanding, provide support, and change perceptions of these complex neurological conditions, so as to improve the wellbeing and reduce the social isolation of these young people and their families.

www.angelsupportgroup.org.uk

Angels is an experience-led charity, based in Hertfordshire, which provides individualised, professional expertise and advice. We work alongside parents to build understanding and to empower them to hear their child's voice. Our key aim is to maximise the individual potential of each child and young person.

www.spaceherts.org.uk

Space is an award-winning Hertfordshire based charity supporting families of children and young people who are on the Autistic Spectrum (ASD), have Attention Deficit Hyperactivity Disorder (ADHD) or other neurodiverse conditions.

Further Resources can be found here:
[Mental Health & Wellbeing Information](#)

TALKING TEENS



WEDNESDAYS
7th June to 12th July 2023
7.00 - 9.00pm

Our FREE 6 week course for parents and carers of children aged 12-19 will cover:

- The Teen Brain: Recognising the physical and emotional changes taking place during the teenage years and why their behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understanding risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate during a conflict situation.

Ridgeway Academy
Herns Lane,
Welwyn Garden City
AL7 2AF

'I have already changed my attitude towards my 13 year old daughter by understanding her behaviour rather than getting annoyed by it. The results have been quite remarkable.'

Pre-booking essential

To check eligibility and book a place, please contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk

QUOTING REFERENCE SL 582

'Very well delivered and engaging sessions'



These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund

Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.

Vista

St Albans Plus Schools' Partnership

DSPL7 Delivering Special Needs Partnership Links
Achieving quality outcomes
St Albans, Harpenden and Villages

The Hub

ASC/SEND Coffee Morning

Vista St Albans will be hosting a number of coffee mornings with a School Family Worker to help support Parents/ Carers of children with Special Educational Needs and Disabilities, diagnosed or not. This is an informal and safe place for Parents/Carers to share information and chat.

Running alongside our coffee morning, there will also be the opportunity to pre-book an appointment with a member of staff from the SEND Specialist Advice and Support Service (These sessions are for ASC advice).
Times available are: 9.30am, 10.00am, 11.00am and 11.30am

Time: Coffee Morning starts at **9.15am** until **11.00am**
(no need to book)

Venue: The Hub, Fleetville Junior School, 228 Hatfield Road, St Albans, AL1 4LW
(The Hub is situated to the right hand side of the School building)

For more information about this service or to book an appointment please call Vista/St Albans Plus on 07584 798528
Email: vistastalbans@gmail.com

Dates:

- Wednesday 18 January 2023
- Wednesday 08 March 2023
- Wednesday 26 April 2023
- Wednesday 28 June 2023

www.vistastalbans.org.uk
www.facebook.com/Vistastalbans

First Steps ED is a leading eating disorder charity providing **hope, opportunities, and choices** to lives affected by eating difficulties and disorders...

Join us!

If you are a parent, carer, or loved ones of someone with disordered eating, you can refer yourself for our 4-week workshop.

To self-refer, use the QR code or visit <https://form.jotform.com/220964041104343>

We believe in early intervention and prevention of eating difficulties and disorders which is why we're passionate about supporting parents, carers, families and professionals to help them play an effective role in recognising the signs of an eating disorder, and providing effective supporting and guidance.

Workshops are available monthly. To register your interest in any upcoming series please scan the QR code or contact our team at info@firststepsed.co.uk

Skills for Carers Workshop

What we'll cover:

Our 'Skills for Carers' course is a four-week course for parents, partners and siblings who wish to understand their role in a loved one's recovery. Each session will offer practical tips and information to help you develop self-reflective and care-giving skills to help support a loved one.

For more support & resources visit

www.firststepsed.co.uk

2022 | First Steps ED | Registered Charity 1185092 | @FirstStepsED

Mental Health Support

Advice for supporting your child's mental health. Tips and video's can be found here on many topical subjects:

<https://thismayhelp.me/>



All advice films

Downloadable advice

About this advice

Child's mental health

Self-harm

Gaming & online activity



School avoidance

Teenagers safety

Eating disorders



Better sleep

Supporting anxiety

De-escalate anger



Medication decisions

Drugs & alcohol

Teenage years



Dates for Your Diary

SUMMER TERM 2023

Friday 30 th June	Year 9 HPV2 Vaccinations
Monday 3 rd July	Year 12 Careers Conference
Monday 10 th July	Year 6 into 7 Transition Evening
Wednesday 12 th - Friday 14 th July	Year 10 Work Experience
Monday 17 th July	Prize Giving Ceremonies
Tuesday 18 th July	Sports Day
Wednesday 19 th July	Last Day of Term (School finishes at 12:15) House Charity Day
Thursday 20 th July	Inset Day (school closed to students)
Friday 21 st July	Inset Day (school closed to students)

