



Issue 101
Fortnightly
July 2023
Week 2

Ridgeway Academy

Headteacher's Message

We have had a fantastic final few weeks at Ridgeway Academy with a multitude of events and trips. Residentials to Barcelona, Madrid and Tanzania went/are going extremely well. The Duke of Edinburgh's Award Silver expedition to the Peak District has also gone well. Events like this take an incredible amount of organisation and I would like to thank Mr Chappell, Ms Lewin, Mr Amstutz, Mr Sutton and all the staff involved in putting these events together.



Year 10 students have been out on work experience with various different companies all across the county and beyond. Again, I'd like to thank Mrs Merrigan and the staff teams for all their time and effort in coordinating work experience for over 150 students.

The Sixth Form team also held their induction day and students experienced taster lessons in several of the huge range of different courses that we run at Ridgeway and across the consortium. It was an extremely worthwhile event and it was great to see so many of our Year 11 students back in school, as well as the external applicants from schools all across Hertfordshire.

Ridgeway Academy was delighted to host the final of the Welwyn Hatfield Young Chef of the Year, developed by Hertfordshire based The Food Teacher and sponsored by WGC Rotary Club. Congratulations to the winner Lily from Homerswood and to all the finalists.

Like most schools in the country at the end of the summer term, we have staff moving to new positions for a variety of reasons; promotion (including to Headteacher and Assistant Headteacher), relocation and

sadly some leaving education. Last week we welcomed our new staff for induction - passionate experts in their subject who are committed to Ridgeway Academy and the Alban Academies Trust.



Congratulations to Linda Lynch who has served with the catering team over an outstanding 30 years of service.

I would like to take this opportunity on behalf of the Governors and myself to thank all of the staff for their hard work and dedication this year.

You will see in this edition the PE department ran District Athletics. It would be impossible for me to list all of this year's impressive fixture results in this newsletter. Last week we hosted the Year 6 into Year 7 Induction evening and Transition Day. It was wonderful to meet the parents/carers and students, many of whom will attend our Summer School next week.

Prize Giving events were well received, an opportunity to celebrate hard work and sustained effort and we thank the award winner's families who were able to attend. I wish you and your families a wonderful summer break.

Mrs S Mitcherson
Headteacher

September Return

We have a staggered return on Monday 4th September as follows:

Year 7:	8:30am
Years 12 & 13:	10:00am
Years 8, 9, 10 & 11:	10:50am

Back to school



End of Summer Term Awards - Outstanding Effort and Progress

Headteacher Awards

Year 7 Jack Cronin
Lois Friend
Year 8 Frankie Harris
Lily Fagan
Year 9 Thomas Casserley
Dejoie Joseph
Year 10 David James
Kaci Lack
6th Form Charlie Chamberlain
Abigail Jakes

Respect, Responsibility, Relationships Awards

Respect

Year 7 Kaysie Davies
Year 8 Tilly Johnson
Year 9 Katelyn Lockyear
Year 10 Rhys Stratton
6th Form Alex Amaricai

Responsibility

Year 7 Harrison Neville
Year 8 Archie Hoad
Year 9 Olivia Ghumania
Year 10 Honey Andrews
6th Form Lucas Downer

Relationships

Year 7 Lois Friend
Year 8 Cameron Nicolson
Year 9 Ashley Chapman
Year 10 Max McParland
6th Form Zara Chimalilo

Year 7 Awards

Form 7A James Seeley
Didi Elue
Form 7H George Sadler
Sophia Groom
Form 7L George McAndrew Miller
Ranulya Kotalawela
Form 7M Jesse Kirsop
Chloe Monk
Form 7P Jack Cronin
Jasmine Bamgboye
Form 7T Kenan Kaya
Eleanor McDonald
HOY Mason Grant
Niamh Taylor

Year 8 Awards

Form 8A Clara Haworth-Maggs
Harley King
Form 8H Poppy Handley
Rhys Kirby
Form 8L Felicity Atkins
Hsian Aguirre
Form 8M Kaitlyn Taggart
Arron Ziobakas
Form 8P Priya Flack
Taylor James

Form 8T Olivia Turner
Vladimir Rotar
HOY Emily Hardy 8T
Luke Emms 8L

Year 9 Awards

Form 9A Sophie Savage
Kobie Nevill
Form 9H Gracie-Jayne London
Oscar Rowe
Form 9L Ella Goudge
Patrick Caulfield
Form 9M Maddie Hamm
Harry Woodhouse
Form 9P Olivia Ghumania
Reece Cooper
Form 9T Matylda Lech
Joshua Blackburn
HOY Phoebe Ware 9L
Oscar Smith 9T

Year 10 Awards

Form 10A Maisie Hames
James Chapman
Form 10H Niamh Barnes
Kyle Ncube
Form 10L Libby Owen
Albie Johnson
Form 10M Lucy Oldridge
Jack McMillan
Form 10P Lucia Allen
Reuben Thompson
Form 10T Leona Caulfield
Daniel Eplett
HOY JoJo Laci 10H
Freddie Holmes 10H

Subjects

Art

Year 7 Ellie O'Connor
Year 8 Amelia Hembury
Year 9 Jasmine Robinson
Year 10 Lucy Oldridge

Biology

Year 7 Dougie Baker-Fiveash
Year 8 Ellen Aitken
Year 9 Marley Glenville
Year 10 Caleb Olusegun

Business

Year 10 Rhys Stratton
6th Form Billy Smith

Chemistry

Year 7 Finn Cockram
Year 8 Arron Ziobakas
Year 9 Kya Finch
Year 10 Daniel Stackman

Computer Science

Year 7 James Seeley
Year 8 Anhua Fernandez
Year 9 Lauren Hill
Year 10 Ethan Hutcheson

Criminology

6th Form James Horsley

Dance

Year 10 Ella Graves

Design & Technology

Year 7 Elizabeth McMillan
Year 8 Eloise Flowers
Year 9 Maia Keaveney
Year 10 Eve Collins

Drama

Year 7 Lewis Farenden
Year 8 Louie Corbit
Year 9 Olivia Ghumania
Year 10 Brooke Pyett
6th Form Ray Caulfield

English

Year 7 Elliot Phillips
Year 8 Alex Holton
Year 9 Joshua Blackburn
Year 10 Cody Mainer
6th Form Kamila Kurbanova

Enterprise

Year 10 Katie Dawson

Film Studies

6th Form Grace Fox

Geography

Year 7 Eva Harrison
Year 8 Amelia Hembury
Year 9 Elise Stride
Year 10 Will Paton

Health & Social Care

Year 10 Keira Galvin
6th Form Erin McLean

History

Year 7 Lois Friend
Year 8 Anhua Fernandez
Year 9 Shae Cassidy
Year 10 Lucy Oldridge
6th Form Carolina Matos

Hospitality and Catering

Year 10 Charlie Sadler

Maths

Year 7 Cameron Burt
Year 8 Liam French
Year 9 Lukas Buchanan

Year 10	Annie Dykes	PE Girls		Physics	
		Year 7	Niamh Taylor	Year 7	Elliot Phillips
Media		Year 8	Daisy Wakefield	Year 8	Jamie Tomlinson
Year 10	Ava-Mae Burlingham	Year 9	Sophie Healy	Year 9	Thomas Casserley
Year 11	Matthew Hornsey	Year 10	Annie Dykes	Year 10	Cody Mainer
				Year 10	Alfie Jarvis
MFL - French		PE Boys		Politics	
Year 7	George McAndrew Miller	Year 7	Frank Rozanek	6th Form	Abbie Casserley
Year 8	Joziah-Ray Mbangu	Year 8	Kacei Griffith		
Year 9	Freya Harris	Year 9	Marley Glenville	Sociology	
Year 10	Freddie Holmes	Year 10	Liam Du Plessis	Year 10	Annie Dykes
Music		Philosophy & Ethics		6th Form	Abigail Jakes
Year 7	Timur Kurbanov	Year 7	Jack Ferris		
Year 8	Kristina Lewinton	Year 8	Felicity Atkins		
Year 9	Marley Glenville	Year 9	Maddison Mcparland		
Year 10	Jonnell Mbangu	Year 10	Harrison Taylor		
		Year 11	Alyssa Gallo		

Changes to Mobile Device Policy

I can confirm that from September 2023 our [Mobile device policy](#) will change to include the following points:

- Students are strongly advised not to bring any mobile devices into school, the school cannot take responsibility for any lost or stolen devices.
- Where a student needs to bring a device to school, this will be locked in a form time locker (locked by their tutor) during morning registration and returned at the end of the day during afternoon registration.
- Students with medical exceptions will continue to be able to keep their phones with them during the day. Medical evidence will be required.
- In the case of lateness to school or a planned appointment, students will hand their phones to student services, they will be locked in a locker until the student signs out.

We have taken the decision to change our mobile device policy to safeguard all our students from incidents of misuse of social media and sharing of images during school time.

The [loom assembly](#) used to share changes to students can be found on our website for your information.

Thank you in advance for your support in protecting our young people from the misuse of devices.

Miss J Smith
Deputy Headteacher

Parking

If you are collecting your child by vehicle at the end of the school day, please park respectfully and be mindful of local residents who may need to access their driveways when parking in the layby opposite the school.

Please do not park on the hazard yellow lines or on the grass verges.

Where possible please arrange to meet your child a short walk from the school.

We thank you for your co-operation on this matter.



Miss M Harrigan
School Operations Manager



[Please find the AAT Newsletter - Summer 2023 on the Alban Academies Trust website](#)

STREATERIES

Aspens
★★★★

Breakfast

½ Bacon Baguette	£1.10
½ Sausage Baguette	£1.10
Wrap Bacon	£2.45
Wrap Sausage	£2.05
Wrap Veggie	£2.60
Breakfast Muffin Bacon	£2.40
Breakfast Muffin Sausage	£2.00
Breakfast Muffin Veggie	£2.55
Hash Brown x 1	£0.60
Hash Brown x 2	£1.20
Bacon Bap	£1.50
Sausage Bap	£2.00
Danish	£1.20
Croissant	£1.20
Pain au Choc	£1.20
Chocolate Twist	£1.20
Cereal/Golden Syrup Porridge	£0.70
Buttered Toast	£0.40
Buttered Crumpet	£0.90
7oz Fruit Pots	£1.00

Drinks

Still Water 500ml	£1.00
Sparkling Water 500ml	£1.00
Aqua Roma still 5000ml	£1.00
Radnor Sparkling 330ml	£1.00
Radnor Fruit Cartons	£0.70
Cuplet Shot 85ml	£0.60
Still Water Tetra 250ml	£0.75
Radnor Splash Tetra 250ml	£0.75
Viva Flavoured Milk 200ml	£1.00
8oz Iced Blue Mountain Drink	£1.20
Blue Mountain Vending Drink	£0.90
Any Coffee	£1.35
Hot Chocolate	£1.35

Meal Deal £2.60

Main Meal, Hot Pasta Pot Jacket Potato 1 Filling or Just Sandwich plus Dessert, Homebake or Bottle of Water

Deli Kitchen Cold

Just Sandwiches	£2.00
Classic Sandwiches	£2.00
Deli Sandwiches	£2.30
Deli Baguettes	£2.60
Deli Wrap	£2.20
9oz Pasta Pot	£2.00
7oz Fruit Pots	£1.10
5oz Jelly Pots	£0.85
7oz Jelly Pots	£1.00
7oz Dessert Pots	£1.45
Fruit Pieces	£0.70
Cookies	£0.95
Traybakes	£1.00
Tulip Muffins	£1.20

Deli Kitchen Hot

Pizza Slice	£1.40
Hot Pasta Pot 16oz	£2.00
Theos Wraps	£2.20
Sausage Roll	£1.55
Vegan Roll	£1.55
Popcorn Pots	£1.00
Chicken Nuggets (3)	£1.15
Chicken Popcorn (6)	£1.55
BBQ Chicken Burger	£2.50
Theos Battered Chicken Burger	£2.50
Belgian waffle	£1.05
Theo wings (2)	£1.50
Half Cheese Panini	£1.30
Cheese Panini	£2.50
Double Wedge Cajun	£1.20
Cheesy Double Wedge	£1.20
Chips	£1.00
Croissant	£1.30
Pain au Raisin	£1.60
Pain au Chocolate	£1.20
Hot Dessert	£0.80

Streateries Main Meal £2.20

Main Course, Carb & Side or Salad

District Athletics

Friday 30th June saw the annual District Athletics competition at Ridlins Athletics Track. For the first time it saw all twelve local schools competing in various athletics events. Ridgeway Academy competed well with mixed results. The stand out performances being from Kacei G in the 200m and the triple jump, Frank R in the long jump and the Year 7 girls relay team who set a new school record of 58.9s.



Mr J Chappell
PE Subject Leader

We are a school
delivering
personal
development
excellence.

EDPA Excellence in Pupil
Development Award



School Vacancies

The school is currently recruiting for the following roles:

- Assistant Head of Year (non teaching)
- Teaching Assistants
- Learning Supervisor

For more information visit:

<https://ridgeway.herts.sch.uk/vacancies/>

Mrs K Biss
Human Resources Officer

Celebrating Equality, Diversity and Inclusion at Ridgeway

At Ridgeway we are committed to developing a culture where equality, diversity and inclusion are celebrated.

Every Tuesday lunchtime, students can meet in F4, to discuss how we can promote Diversity within our school. We will be asking students and staff to contribute ideas and celebrate the work we do. Students and staff are welcome to come along and support each other.

Tuesday lunchtime, F4

Mrs K Richardson
Student Wellbeing Manager



Head of Year News

Year 7 - Mr K Amstutz

I wanted to take a moment to express my heartfelt congratulations and deep admiration for all that you have achieved this year. Your dedication, hard work, and unwavering determination have truly paid off, and I couldn't be prouder of you all. You have surpassed expectations, conquered challenges, and reached remarkable milestones.

Your achievements this year are a testament to your commitment to excellence and your ability to overcome obstacles. I have witnessed you grow, learn, and evolve, and it has been truly inspiring. You have proven that with passion, perseverance, and a positive mindset, anything is possible.

As you enjoy your upcoming holidays, I want to wish you the very best. May your journey be filled with joy, adventure, and wonderful memories. Take this time to relax, rejuvenate, and celebrate all that you have accomplished.

Be safe and I look forward to seeing you all next year.

Year 8 - Miss G Picone

I can hardly believe that I am writing the final newsletter of Year 8. It has been an absolute pleasure for me to step into the role of Head of Year, and I am thrilled to embark on the journey of Year 9 alongside you and your children.

Firstly, I would like to reiterate the incredible achievement of Year 8 students in receiving 61% of the positive house points awarded this academic year. This remarkable accomplishment is a testament to their hard work and resilience. They have consistently demonstrated dedication and commitment, and they ALL should be proud of their achievements.

Secondly, I thoroughly enjoyed leading the awards and celebration assemblies, witnessing the students celebrate their accomplishments alongside their peers and families. It was heart-warming to see their hard work acknowledged and the joy they experienced in sharing their successes.

Lastly, I want to highlight the enthusiasm and energy displayed by the students during their first Sports Day at Ridgeway. It was a pleasure to observe the strong relationships they have built with their form tutors and peers. The teamwork and sense of responsibility they exhibited while representing their houses was truly remarkable.

Sidenote: I was particularly delighted to hear from Mr. Albon about the outstanding performance of two Year 8 boys, Jack Cooper and Sam Slatter. During the Year 9 football trials. Their skills and dedication on the pitch were commendable.

In closing, I would like to express my gratitude for all the hard work and effort put forth by both students and their families throughout this year. Your support has been invaluable in nurturing their growth and success. As we look ahead to Year 9, where students will be making important decisions regarding their GCSE options, I encourage you to continue providing them with guidance and encouragement.

For now, I hope that everyone enjoys a restful and enjoyable summer, filled with fun and relaxation. Thank you once again for your unwavering support.

Year 9 - Miss S Standage

Well done to the Year 9s involved in School of Rock this week. The students directed and designed their own production of this fantastic show and led the rehearsals and coordinated the whole project. Fantastic leadership from Shae Cassidy, Daniel Hornsey and Olivia Ghumania.

Well done to Parks for winning the form leadership award. This was awarded to Parks as they had the most points for attendance, house points and best behaviour totals. You will celebrate next term with Mr Nelson.

It has been an absolute pleasure being your Head of Year over the past 18 months and I am sad to say goodbye. I am so incredibly proud of you all as you have progressed over this year. All of you have accrued house points, made improvements in your subjects and are maturing into lovely young people. I have seen this first hand and staff have told me this too. They have seen so many examples of good behaviour and a great attitude to learning in your lessons, and that makes me so proud.

Year 9s have gone above and beyond in lots of ways: Sports events, competitions, trips and shows. You are such a talented group of young people and I hope you carry on developing these skills, take the opportunities available to you and continue to grow and develop.

I would like this opportunity to thank your form tutors for all their hard work, time and effort with you this year. You have all been very lucky to have such caring tutors that go above and beyond for you on a daily basis.

Thank you Year 9, you have been fabulous. Have a lovely summer and take care of yourselves.

Sixth Form - Mrs N Picariello

Well done to the Year 12 students who went to Thorpe Park on Friday for your Year 12 Reward Trip - we hope you enjoyed yourself, despite the weather!

Our Year 12 Students have now finished for the summer, apart from their work experience, which has started this week. We hope you have a great time and have an enjoyable summer break.

ATTENDANCE

WHY IS IT IMPORTANT?



ABSENCE FROM SCHOOL








- Do you know what your attendance was last school week?
 - Do you know your overall attendance for the year?
 - Do you know how many school days you have missed this year?
 - Do you know how many late marks you have this school year?
- Make sure you know of this information, you can ask your form tutor for this, and work hard to improve it each week!



House Points

We finish off this Academic Year with **MANDELA** as the overall house winners.

As our school continues to grow in size so do our number of Houses. For the 2023-24 Academic Year we will be introducing Franklin to our House system.

Anderson	Hawking	Lytton	Mandela	Parks	Turing	Franklin
						
31896	35167	36623	40292	38869	35636	0
Elizabeth Garrett Anderson was an English physician and suffragist. She was the first woman to qualify as a doctor in Britain and was the founder of the country's first hospital for women.	Stephen Hawking was the noted physicist who contributed deeply to our understanding of the physical world and space, and worked despite suffering from Motor Neurone Disease.	Constance Lytton was the suffragette, writer and speaker who campaigned for prison reform and women's rights under an alias to avoid special treatment due to her family connections.	Nelson Mandela was the first black president of South Africa, who after being imprisoned for twenty seven years, was freed and led a multi-ethnic government to bring an end to apartheid.	Rosa Parks is known as the mother of the civil rights movement after fighting for racial equality in the USA through her leading role in the Montgomery bus boycott, which lasted over a year.	Alan Turing was a mathematician, widely celebrated as the father of computer science after cracking the Enigma Code during WWII. Turing was later subject to discrimination due to his sexuality.	Benjamin Franklin was an American polymath who was active as a writer, scientist, inventor, statesman, diplomat, printer, publisher and political philosopher. Franklin was one of the Founding Fathers of the United States.



Wel/Hat Mental Health Support Team Whole School Approach (WSA) Summer Agenda

Over the summer, the Wel/Hat MHST will be collaborating with Hertsmerer MHST in running several workshops for Parents/Staff. We have set two times/days per workshop with 30 spaces in each to try and reach as many people as possible.

A Parent Workshop for Managing your Child's Transition into Secondary School

A workshop on managing your child's transition into Secondary School. A link for this session will be sent out a few days prior to the session.

- 27/07/2023 – 10:00am Start
<https://www.eventbrite.com/e/parent-workshop-for-managing-your-childs-transition-into-secondary-school-tickets-666751540807>
- 27/07/2023 – 19:00pm Start
<https://www.eventbrite.com/e/parent-workshop-for-managing-your-childs-transition-into-secondary-school-tickets-666773767287>

A Parent Workshop for Managing your Child's Worries/Anxiety

A workshop on managing and understand your child's worries and anxiety. A link for this session will be sent out a few days prior to the session.

- 03/08/2023 – 10:00am Start
<https://www.eventbrite.com/e/a-parent-workshop-for-managing-your-childs-worriesanxiety-tickets-666708060757?aff=oddtcreator>
- 03/08/2023 – 19:00pm Start
<https://www.eventbrite.com/e/a-parent-workshop-for-managing-your-childs-worriesanxiety-tickets-666718231177?aff=oddtcreator>

A Parent Workshop for Managing your Child's Low Mood

A workshop on managing and understand your child's low mood. A link for this session will be sent out a few days prior to the session.

- 10/08/2023 – 10:00am Start
<https://www.eventbrite.com/e/a-parent-workshop-for-managing-your-childs-low-mood-tickets-666729926157>
- 10/08/2023 - 19:00pm Start
<https://www.eventbrite.com/e/a-parent-workshop-for-managing-your-childs-low-mood-tickets-666736686377>

A Parent Workshop for Managing Adolescent Behaviour

A workshop on managing and understand your child's behaviour. A link for this session will be sent out a few days prior to the session.

- 04/08/2023 – 10:00am Start
<https://www.eventbrite.com/e/managing-adolescent-behaviour-workshop-tickets-663485622357>

- 11/08/2023 – 10:00am Start
<https://www.eventbrite.com/e/a-parent-workshop-for-managing-adolescent-behaviour-tickets-664534158557>

Please don't hesitate to email hpft.mhstwelwynhatfield@nhs.net for any enquiries you may have.




Alban Academies Trust

Would you enjoy helping and supporting children to learn?

We have some great opportunities for individuals to work within our support staff teams in our primary and secondary schools.

With flexible, term time working and no prior experience necessary, we have a variety of rewarding learning support roles that may be of interest to you or someone you know

Please read on to find out more....



We would love to hear from you if you feel you have the qualities to make a positive contribution to a child's learning experience and:

- you are seeking a new opportunity to utilise or develop your skills or
- you are starting out in your career or taking a gap year and looking to build excellent transferable skills including relationship building, leadership, communication, coaching and influencing.

We are looking for enthusiastic individuals to work with young people across primary and secondary schools with the Alban Academies Trust. Our primary schools are based in St Albans and our secondary schools are in St. Albans and Welwyn Garden City.

If you think you would make a great addition to one of our teams and our roles could support your aspirations, then please get in contact through appointments@albanacademiestrust.org.uk and we can call to discuss the positions we have on offer. If you would like to apply directly to one of our currently advertised roles please visit albanacademiestrust.org.uk/vacancies/

ROLE 1
Teaching/Learning Support Assistants:
Work with individual students whilst the teacher is taking the lesson. They support students, clarifying and explaining instructions, motivating and encouraging them to complete work, and promoting and reinforcing self-esteem. Teaching assistants are role models to students supporting them in their learning and as they grow as individuals.

ROLE 2
1-2-1 Tutors
Provide support to students outside of the classroom, either face to face or through a blended approach of face to face and online once an effective relationship has been established. They help students to build upon their subject knowledge and reach their full potential. We are looking for 1-2-1 tutors in English, Maths, Science, History, Geography, MFL (Spanish, German and French) and Computer Science.

ROLE 3
Cover/Learning Supervisors
Deliver lessons for absent teaching staff. The key focus of the role is to keep students on task and maintain good order in the classroom. This role is essential in ensuring that, where teaching staff are absent, the learning experience remains positive for all children. We have vacancies for secondary learning/cover supervisors.

Sports Centre News

Lucy Hunt School of Dance

We are delighted to be hosting one of our regular bookings, Lucy Hunt School of Dance for a special summer camp! For full details and to book please see the poster below.

Barracudas

We are delighted to welcome Barracudas once more during the Summer Holidays for 5 weeks!

Barracudas Activity Day Camps, the UK's favourite school holiday provider for children aged 4½ to 14 years, will be open at our school this summer holiday. 80+ exciting activities including arts and crafts, sports,

teambuilding and much more! We also have specialist activities including archery and motorsports at summer!

Ofsted registered and with an excellent Trustpilot rating, you can have peace of mind they're in safe hands at Barracudas.

Visit <https://www.barracudas.co.uk/> or call 01480 467567.

Parents can get £20 off a full week or £4 off a day by applying this code in the promotions box: **HSCP23**

Pay and Play

Please keep an eye on our social media as we will announce on there when we are opening for 11-18 Pay and Play on the 3G pitch over the summer holidays.

New Staff

We are delighted to announce that we have appointed 4 new members of Sports Centre staff: Jessica, Holly, James and Will, they will be starting in August. If you see them around be sure to say hello!

Garden City Runners

On Wednesday 12th July, we were delighted to host the annual Garden City Runners 'mob' match, with over 500 runners completing 10k around WGC before finishing at Ridgeway Academy for food, drink and presentations. It was a fabulous evening and an event we are very proud to host each year.



Mr R Goodship
Sports Centre Manager



Hertford Hockey Club

JUNIOR STAGS

**FREE TASTER SESSIONS
IN JULY/AUGUST**
From Age 5 upwards
Simon Balle School
Saturday
9.30 am to 11 am
SIGN UP HERE
Free Y1 Playing Shirt When Joining
Qualified Coaching Team
Interested in joining our Junior Section
Contact us @ hertfordhockey@gmail.com

FUTURE SPORTS CAMPS
Summer Camp 21st/22nd
August Sign Up HERE
Easter Camp

Indoor Hockey UK

Y1 **graffers** **FS Futures Sports HOCKEY CAMPS 30 YEARS**

Hertfordshire **FS** Haileybury

21+22 August 2023

**HAILEYBURY COLLEGE
HERTFORDSHIRE**

SUMMER HOCKEY CAMP

FOUNDATION (7-10) | TALENT (10-14) | PERFORMANCE (14-17)

IOI **IR THE SPORTS DISTRICT** **OBO** **HO KY**

Bubble Rush is Isabel Hospice's biggest community fundraising event of the year so far! A 5k bubble run, for all ages. The day will consist of the fun run, as well as an exciting events village with street food, glitter artists, entertainment, and more!

We would love for teams of students or individuals and their friends/families to sign up and get sponsored to help us raise vital funds for our hospice located in WGC - more information about what we do can be found on our [website](#).

A great experience for students with the opportunity to:

- Support and raise vital funds for a local charity.
- Take part in a sporting event as a team or individual.
- Have fun and make memories!
- Sign up is super easy via the barcode on the poster.

Hope to see you there!

First Steps ED is a leading eating disorder charity providing **hope, opportunities, and choices** to lives affected by eating difficulties and disorders...

Join us!

If you are a parent, carer, or loved one of someone with disordered eating, you can refer yourself for our 4-week workshop.

We believe in early intervention and prevention of eating difficulties and disorders which is why we're passionate about supporting parents, carers, families and professionals to help them play an effective role in recognising the signs of an eating disorder, and providing effective supporting and guidance.

To self-refer, use the QR code or visit <https://form.jotform.com/220964041104343>

Workshops are available monthly. To register your interest in any upcoming series please scan the QR code or contact our team at info@firststepsed.co.uk

Skills for Carers Workshop
What we'll cover:

Our 'Skills for Carers' course is a four-week course for parents, partners and siblings who wish to understand their role in a loved one's recovery. Each session will offer practical tips and information to help you develop self-reflective and care-giving skills to help support a loved one.

For more support & resources visit www.firststepsed.co.uk

2022 | First Steps ED | Registered Charity 1185092 | @FirstStepsED

BUBBLE RUSH Isabel Hospice Together we care registered charity no: 1046826

HERTFORD
SUN 10 SEP 2023
Woodhall Estate 11am
isabelhospice.org.uk/bubblerrush

BOOK NOW! **SCAN TO BOOK!** **5K OF FOAMY FUN!**



Funded mental health workshops, advice and support for Parents and Carers in Hertfordshire



Nessie is funded by Hertfordshire County Council to support parents/carers of children and young people with emotional and mental health issues. The aim of this work is to help parents/carers develop a positive and more confident approach to supporting their young person, whilst offering a chance to gain peer support; useful strategies and practical tools.

What we offer:

- **Free online and face-to-face workshops on a range of mental healths that affect children and young people**
- **Parent Support line**
Tel: 07932 651319
(open Thursdays 9 am - 12 pm or by appointment)
- **Private moderated Facebook support groups:**
 - **NESSie Parent/Carer Support Group**
- **1-1 support and advice sessions**
- **Peer support groups:** A confidential group, where parents will have an opportunity to share their experiences, support each other through challenges, and identify coping strategies.

For more information, please [CLICK HERE](#)



@nessieined



07932 651319



@nessieined



@nessieinedcic



@NESSieinED



<https://nessieined.com/>

Helping children and young people thrive

NESSie IN ED CIC. Company registered in England & Wales number: 11719406

Mental Health Support

Advice for supporting your child's mental health. Tips and video's can be found here on many topical subjects:

<https://thismayhelp.me/>



All advice films

Downloadable advice

About this advice

Child's mental health



Self-harm



Gaming & online activity



School avoidance



Teenagers safety



Eating disorders



Better sleep



Supporting anxiety



De-escalate anger



Medication decisions



Drugs & alcohol



Teenage years



School Term and Holiday Dates 2023-24

AUTUMN TERM 2023

Friday 1 st September	Inset Day
Monday 4 th September	Start of Term (students)
Thursday 14 th September	Open Evening
Monday 23 rd to Friday 27 th October	Half Term
Thursday 28 st September	Extended Learning Day
Thursday 7 th November	Extended Learning Day
Friday 24 th November	Occasional Day
Wednesday 20 th December	Last Day of Term

SPRING TERM 2024

Friday 5 th January to Thursday 28 th March
Training Day: Thursday 4 th January
Extended Learning Day: Thursday 25 th January
Training Days: Thursday 15 th and Friday 16 th February
Half Term: Monday 19 th to Friday 23 rd February
Extended Learning Day: Wednesday 12 th March

SUMMER TERM 2024

Monday 15 th April to Friday 19 th July
Bank and Public Holiday: Monday 6 th May
Half Term: Monday 6 th - Friday 31 st May
Enrichment Week: Monday 1 st to Friday 5 th July
Shadow Inset Day (school closed): Monday 22 nd July
Shadow Inset Day (school closed): Tuesday 23 rd July

